

February 2023

carmel

Mountain Preschool



FEBRUARY EVENTS



February 9: Family Hip Hop, 4-4:30

February 20: Closed, President's Day

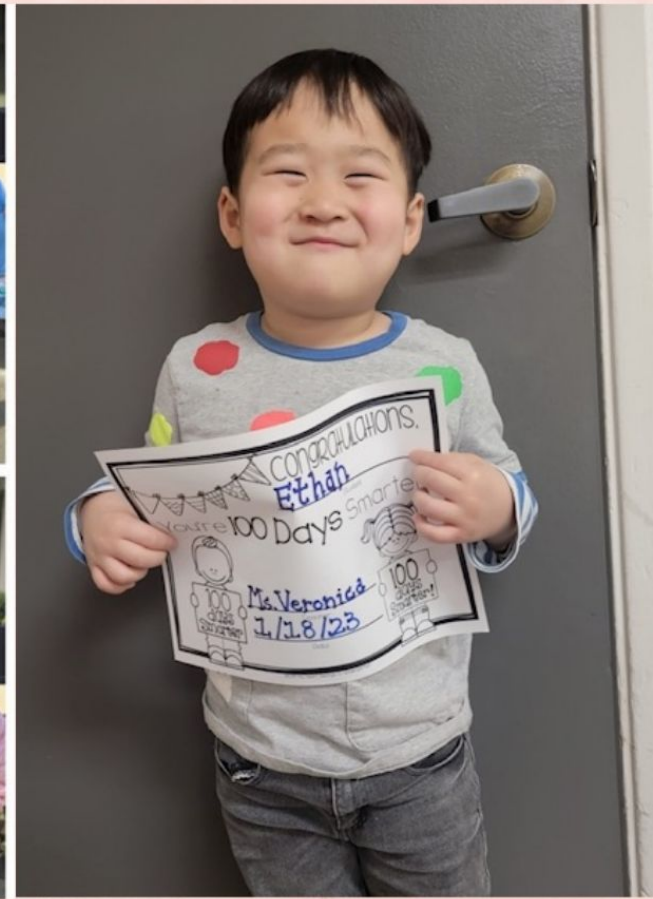
February 21: Pajama Day

February 24: Closed, Teacher In-Service



If you would like a copy of your 2022 tuition statement,
please contact: navi@carmelmountainpreschool.com

100 DAYS OF SCHOOL



SICK POLICY REMINDER

If your child gets sent home sick you will receive a sick report stating your child's symptoms and when they are able to return.

Carmel Mountain Preschool's sick policy states your child must be symptom free **without the assistance of Tylenol, Ibuprofen, etc.**
for 24 hours

Currently, San Diego County requires a negative Covid test before returning to school. All tests must be emailed to Donna:
donna@carmelmountainpreschool.com

If you do not wish to test your child, your child will need to be **72 hours symptom free without the assistance of Tylenol, Ibuprofen, etc.**

We will update you if the county's requirements change.

SICK POLICY REMINDER

Per the parent agreement:

4. "I understand that it is my responsibility to notify CMP office staff upon arrival if my child is on medication or has received immunizations or allergy tests within the last 24 hours."

23. "I understand in order to protect the safety and well being of children, staff, and parents at CMP, if my child has any of the following conditions, situations, or symptoms he or she is not allowed on the CMP Campus: temperature over 100.4 degrees, diarrhea, vomiting, jaundice, sore throat with fever, shortness of breath, dry cough, chills, repeated shaking with chills, muscle pain, headache, loss of smell or taste, infected cuts or wounds or lesions containing pus on an exposed body part"

Please stop by or call the office with any questions.

CLASS PROJECT



ROOM 11

In January room 11 learned all about books!

They discussed what a title, author, illustrator, characters, and a summary is. They then picked their favorite book and gave a book report.

See their hard work below!

Book Terms:

Title: The name of the book

Author: The person who wrote the books words.

Illustrator: The person who drew the books pictures.

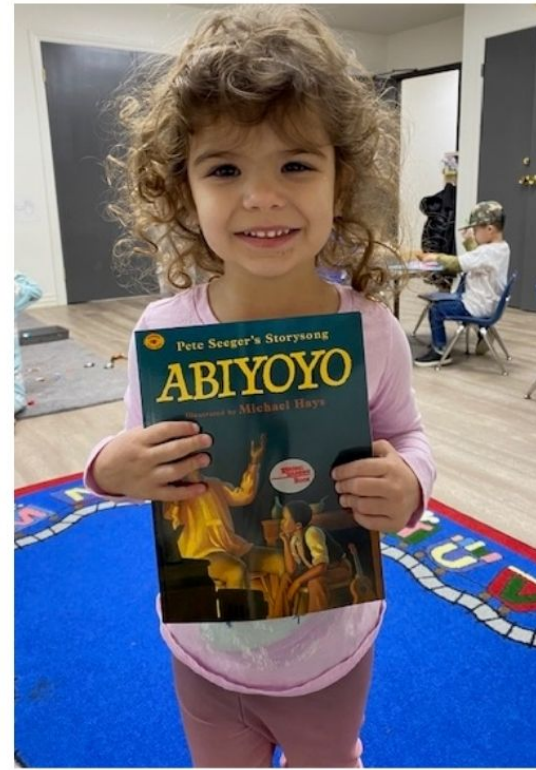
Characters: The people or animals in the book

Summary: what happened during the books story

CLASS PROJECT



ROOM II



Book Title: Hanukkah Bear
Author: Eric A. Kimmel
Illustrator: Mike Wohnoutka
Characters in the Book: Old Bear, Bubba Brayna, Rabbi, Friends & Children
Summary of the Book: Bubba Brayna celebrates Hanukkah with a bear who she thought was the Rabbi.

Book Title: "The Very Quiet Cricket"
Author: Eric Carle
Illustrator: Eric Carle
Characters in the Book: little cricket, big cricket, praying mantis, cicada, bee, a moth, worm, dragonfly, female cricket
Summary of the Book: A little cricket meets friends along his way and wants to answer their greetings but nothing happens, not a sound. Until he meets a very special friend...

Book Title: Abiyoyo
Author: Peter Seeger
Illustrator: Michael Hays
Characters in the Book: A dad, a boy, and a giant
Summary of the Book: "The giant tries to go 'ap ap' and they run and then the boy plays music and the dad goes 'zoop zoop!' and Abiyoyo is gone"

CONSCIOUS DISCIPLINE



I LOVE YOU RITUALS

When a child is seeking attention they typically do not say “I need attention”. Instead they may throw a temper tantrum, scream, throw a toy, hit, etc. At this time they are in an “Survival State” meaning they are seeking connection.

One way to meet this need is to do an “I love you ritual”.

This is a time with your child to create a safe, sacred space where there is eye contact, touch, presence, and in a playful environment. On the next page are a few I love you rituals you can use with your child.

I LOVE YOU RITUALS



Row, Row, Row Your Boat

Row, row, row your boat
Gently down the stream.
Merrily, merrily, merrily, merrily
Life is but a dream



Round And Round The Garden

Round and round the garden
Goes the teddy bear.
One step, two steps,
Tickle you under there!



Humpty Dumpty

Humpty Dumpty sat on a wall.
Humpty Dumpty had a great fall.
All the Queen's horses,
and all the King's men,
could put Humpty together again



Little Mouse

There was a little mouse
And she had a little house
And she lived... up... here!



Happy Birthday

Conor, Mara-Jade, Greta, Eli, Mathias, Veer,
Kenzo, Aimee, Maya, Norman, Warner, Kinsley,
Daniel, Adrian, Layla, Bodhi, Oliver, Avery,
Nikolai, Zoe, Amelia, Stuti, Ethan, Julia, Charles

Staff Birthdays:

Ms. Nicole O. 2/6

Ms. Shyla 2/22

Ms. Tiffany 2/24

EGG—CELLENT NEWS



We are fully booked every Sunday now through the end of April for egg collection. Thank you to all of our family volunteers. We will hope to have more sign-ups in the future.

If you signed up, be on the look out for egg retrieval directions emailed to you when your date nears.



NATIONAL PRESCHOOL FITNESS DAY



National Preschool Fitness Day encourages and raises awareness around the importance of physical activity and eating healthy. Introducing healthy eating and physical activities early help children develop habits that will guide them throughout their childhood and into adulthood. It is also shown to help develop social skills and build character.



NATIONAL PRESCHOOL FITNESS DAY



JANUARY BASKET WINNERS



Last month we had you guess how many
winter items were in the jar. There were 238!
Congratulations to our winners!



Graham H., 3A

Parker T., 12A

Reyansh B., 5A

Ms. Daniela, 3A



SUMMER AND FALL PLANS



It's that time of year again to start thinking ahead to your Summer and Fall plans. Keep an eye out, 2023-2024 school year registration paperwork will be coming soon!



HOLIDAYS



Check out our Celebrating Diversity tab on our website to learn about holidays our families celebrate.

Email Navi at: navi@carmelmountainpreschool.com to let us know what holidays you and your family celebrate.



LOOKING AHEAD TO MARCH



March 2: Jack Hartman's Birthday Celebration
(Hawaiian Shirt Day)

March 21-24: Picture Day

PICTURE DAY SCHEDULE:



March 21: 2b, 4b, 7, 8, 9, 10, 11

March 22: 1a, 1b, 5a, 5b, 12a, 12b, 13, 14

March 23: 2a, 3a, 3b, 4a, 6a, 6b, 6c

March 24: Make up pictures