

January 2023

# carmel

Mountain Preschool



*Happy New Year!*



# January Events

January 3: Pajama Day

January 11: Rhythm Child

January 16: Closed, Martin Luther King Jr. Day

January 17: Onesie Day

January 19: Family Yoga, 4-4:30

January 25: National Preschool Fitness Day



If you would like a copy of your 2022 tuition statement,  
please contact: [navi@carmelmountainpreschool.com](mailto:navi@carmelmountainpreschool.com)



# Winter Wonderland









# Holiday Parties









# Follow Us On Instagram





# Toy Drive

Thank you for everyone who donated to the Promises2Kids toy drive on Monday, December 12th. We were able to raise 460 toys, clothing, and gift cards to foster children ages newborn-20. We couldn't have done it without you! Thank you!







# Happy Birthday



Alhasan, Leon, Mason, Sofia, Hays, Bruce, Jacob,  
Leo, Levi, Mackenzie, Bernard, Rhiannon, Stella,  
Victoria, Oliver, McKenna, Tina, Finley, Rhodes,  
Jax, Valentina, Samih, Alaina

Ms.Navi 1/15

Ms. Delores 1/17

Ms. Yui 1/21

Ms. Sylvia 1/27

Ms. Michele 1/29





# December Basket Winners

Last month we asked you to guess the amount of lights and presents in the jar. There were 310. Congratulations to our winners!

Miles M, 4B

Nathan and Olivia M, 2A/5A

Allison Y, 1A

Ms. Maile



# Conscious Discipline

## Skill of Encouragement

### NOTICING

Noticing is a specific skill that is essential to encouragement, and is more powerful than the most lavish praise. Noticing is **describing** the child's actions out loud, without judgment. It allows children to fully **own their actions**, rather than focusing on our assessment of them.

### NOTICING

"You did it! You wrote your name!" notices the child's accomplishment **without judgment**. "Look how nicely you wrote your name," shifts the focus from the accomplishment to **our assessment** of the child's efforts. The first example encourages, the second example judges.

### THREE NOTICING FORMULAS

**Basic noticing** sounds like this: "You did it! You (describe without judgment)."

**Noticing to encourage compliance** after an assertive command sounds like this: "You did it! You (describe in detail without judgment)!"

**Noticing to encourage kindness and helpfulness** sounds like this: "You (describe action without judgment) so (describe the impact on others). That was (helpful, kind, thoughtful, loving, etc.)."



@ConsciousDiscipline



# Looking Ahead To February

**February 9:** Family Hip Hop, 4-4:30

**February 20:** Closed, President's Day

**February 21:** Pajama Day

**February 24:** Closed, Teacher In-Service

