

June 2022

carmel

Mountain Preschool



The background of the entire graphic is decorated with various tropical leaves and flowers in shades of green, blue, yellow, and pink. Large monstera leaves are prominent in the corners, while smaller flowers and palm fronds are scattered throughout.

June Events

June 2-3: Field Day

June 7: Certificate Ceremony

June 8-10: Closed, Teacher In-Service

June 13: Summer Program Begins

June 17: Father's Day Pancake Breakfast

June 21: International Yoga Day

June 29: Mud Day

Mother's Day Tea



Family Eco Challenge

Wild About Animals!

Raise some funds together (recycle cans or have a garage sale) to adopt an animal, check out wildlife organizations, spruce up your outdoor space for wildlife, or give a better home to a stray.

San Diego Zoo Wildlife Alliance

sandiegozoowildlifealliance.org/adopt

Species Adoptions

worldwildlife.org

Pet Ownership

avma.org/resources-tools/pet-owners/responsible-pet-ownership



Summer Supplies

This summer, expect your child to be extra wet and muddy! This means bring extra clothes for them to change in to, hats, sunscreen on before coming to school, water bottles with ice and towels on water days. Please make sure all items brought to school are labeled with your child's name.



Rhythm Child



Rhythm Child



Happy Birthday



**Jordan, Oliver B., Anton, Helen Marie,
Nora, Ella, Cillian, James, Natalie, Liana,
Blakely, Daniel, Lane, Karlie, Lily, River,
Xavier, Riaan, Mia, Brodie, Zachary,
Elle, Oliver T., Kylan, Jonathan**

Staff Birthdays:

Ms. Britney 6/11

Ms. Madeleine 6/27



Field Trips

How lucky are we to **FINALLY** have field trips back?!

A couple of our classes went to the zoo, while other's went to a children's museum.





Outdoor Classroom Day



Outdoor Classroom Day



Outdoor Classroom Day



May Basket Winners

Congratulations to our May basket winners. Last month we asked you to guess how many erasers were in the jar. There were 506 erasers.

Karthikeya, 6C

Addie, 10

Brodie, 9

Ms. Amber, 6A

Follow us on Instagram!



@CarmelMountainPreschool



Conscious Discipline

Two Positive Choices

Two positive choices reinforce the child's power of free will while providing parameters for behavior.

The following steps will help you deliver two positive choices.

Two Positive Choices Step 1:

Breathe deeply and make a conscious decision to focus on what you want the child **to do**.

Focus on the behavior you want to see, rather than the undesired behavior.

1/5



Conscious Discipline®



@ConsciousDiscipline

Conscious Discipline

Two Positive Choices Step 2:

Tell the child,
"You have a choice!" in
an upbeat tone.

Our positive attitude will lighten
the situation, especially if the
child is resistant.

Two Positive Choices Step 3:

Clearly state two
choices that will achieve
the goal.

Say, "You may ____ or you may ____." For older children, you could say, "Feel free to ____ or ____."

Two Positive Choices Step 4:

Complete the process by
asking the child for a
commitment.

You might say, "What is your
choice?" For older children, we
might say "What would be better
for you?"

Two Positive Choices Step 5:

Notice the child's
choice.

Do this by saying, "You chose ____!"
in an encouraging voice with loving
intent. This imparts the child with
crucial awareness about her
choice.



@ConsciousDiscipline

Looking Ahead To July

July 1: Wear red, white, and blue day

July 4: Closed, Independence Day

July 8: Dress like a pirate day

July 18: Free family yoga 4-4:30