

April 2022

carmel

Mountain Preschool



APRIL EVENTS

April 4: Closed, Teacher-In Service

April 5-8: Week of the Young Child

April 13: Pajama Day

April 14: Onesie Day

April 18: Family Yoga with Ms. Claire, 4:00-4:30

April 18-22: Scholastic Book Fair

April 26-27: CMP Closes at 4:00 PM for Art Show and Open House.

April 26: Art Show and Open House for classes:

1A, 1B, 2A, 3A, 4A, 5A, 5B, 12A, 12B, 13, 14

April 27: Art Show and Open House for classes:

2B, 3B, 4B, 6A, 6B, 6C, 7, 8, 9, 10, 11

HAPPY Holi

Our 5A and 5B classes celebrated Holi on March 18th



PARKING LOT



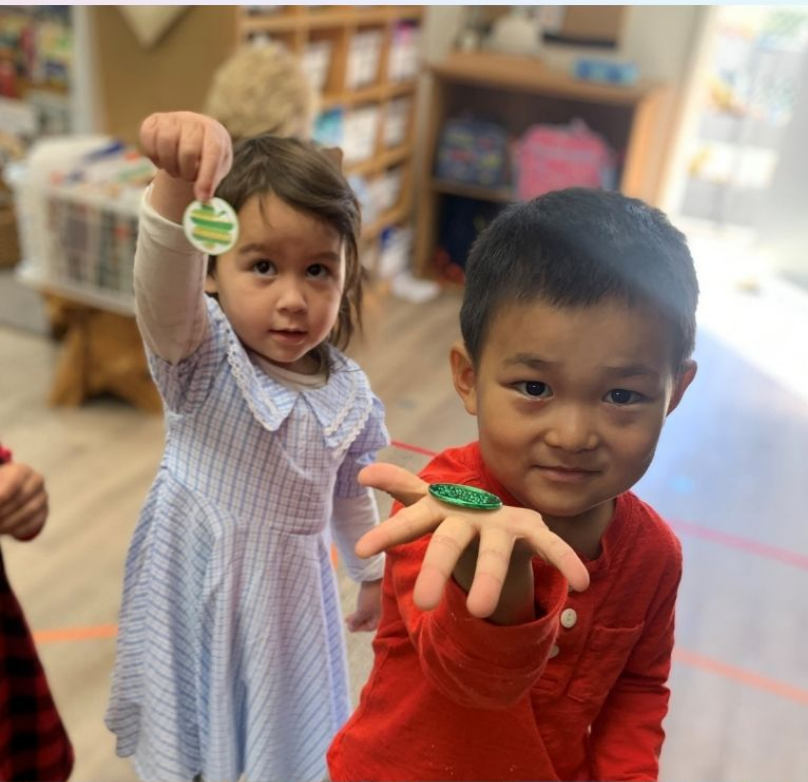
SAFETY



Please keep our school family safe. Our children are walking in the parking lot. Drive slowly and cautiously, 5 MPH. A new crosswalk is being added to the bottom parking lot. Use this crosswalk when walking through the parking lot. No cars are to be parked in the crosswalk.

LUCKY LEPRECHAUN

Some strange things happened at CMP on March 17th...



TINKERING DONATIONS

Tinker Hollow wants your trash!!

- Extra fabric (clean)
- Tin cans
- Plastic or glass bottles/tubs
- Old dinnerware (tea cups, saucers, baking sheets, cupcake tins, etc)
- Newspapers
- Wine corks
- Bottle caps
- Yogurt/applesauce pouch caps

Please place items in the box located outside of the
bottom parking lot gate

WE WANT TO LEARN ABOUT YOU!

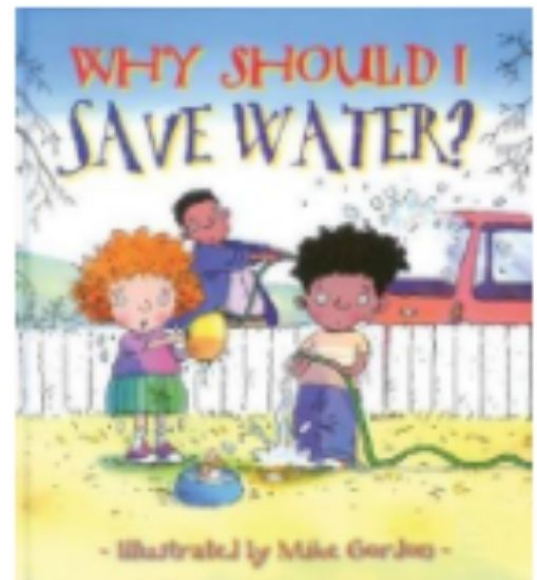
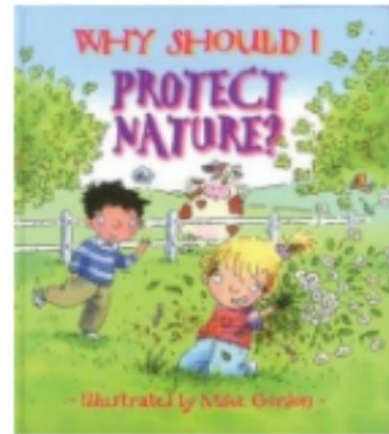
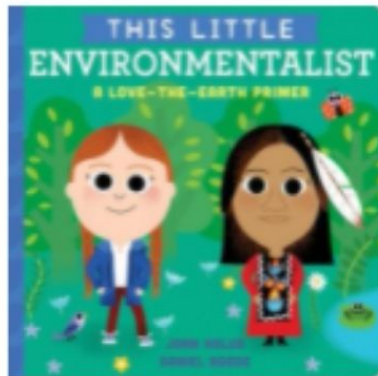
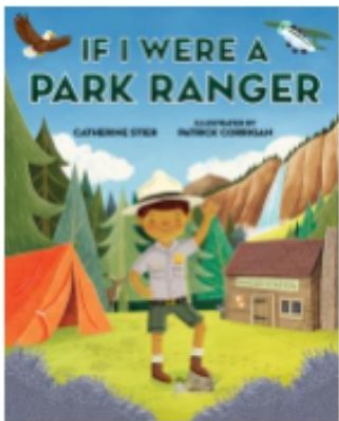
CMP wants to learn about the holidays that are important to you and your family. Please let Ms. Navi know what special days your family celebrates and any books, traditions, or songs we can learn and share with the kids.

Navi@carmelmountainpreschool.com

FAMILY ECO CHALLENGE

Be an Earth hero!

How can your family be Earth Heros? Read about some Earth Heros to get ideas and follow in their footsteps. Check out library books, find used books, or share with friends. Try to read an Earth Hero book every day (repetition is encouraged).



CONSCIOUS DISCIPLINE

My toddler is biting, what should I do?



@consciousdiscipline

Prevention

- Secure biters during transition times.
- Provide toys or snacks to engage the mouth.
- Keep distance between children during play.
- Provide a teething necklace.

2/5



Conscious Discipline®

Stress Reduction

Locate and reduce stressors if possible. Then start a **stress reduction program** at home and school that includes:

- More touching (skin to skin for parents)
- "I Love You Rituals" with attuned interactions
- Chest and lap time with downloading calm
- More visual schedules and routines
- Infant massage

3/5



Conscious Discipline®

Shadow & Teach

There is nothing you can do to help a child learn other ways of getting his or her needs met **after** the bite has occurred. You must catch the child **before** the bite.

Most bites occur during transitions and non-structured time. Have a person shadow the child who is biting.

4/5



Conscious Discipline®

When the child begins to bite:

1. Toss a **teething cloth** into the child's open mouth. The mouth will close.
2. Say, "You wanted ____ (take an educated guess as to what the child wanted). Say ____ (acceptable words) or do ____ (acceptable action)!"
3. Firmly say, "**STOP. No bite!** Ouch (make pained face) biting hurts."
4. Make **visuals** of alternatives to biting: My turn, play, move, etc.

5/5



Conscious Discipline®



Morrison, Myla, Yuna, Josie, Asa, Annalisa, James, Arya, Cyrus, Camden, Henry, Alex, Hazel, Landon, Erik, Conrad, Adhvika, Aiden, Miles, Albert, Ryan, Dakota, Vivian, Samaira, Eliza, Grant, Jasper, Miles

Staff Birthdays:

Ms. Kathleen 4/3

Ms. Jamie B. 4/10

Mr. Michael 4/10

Ms. Carol 4/18

Ms. Kelly 4/19

Ms. Skylar 4/20

Ms. Madison 4/24

Ms. Lisa 4/28



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LOOKING AHEAD TO MAY

May 3-7: Teacher Appreciation Week

May 4: Star Wars Dress Up Day

May 9-11: Mother's Day Tea

May 18: Rhythm Child

May 24-25: Outdoor Classroom Day

May 30: Closed, Memorial Day