



January 2018

January 2 Return to School from Winter Break - Welcome Back!

January 15 **CMP CLOSED** - Martin Luther King Day

January 16 Family Yoga on CMP Back Grass 4:00-5:00pm

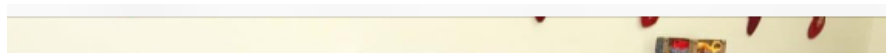
January 23 Hullabaloo Concert Family Appreciation Night on CMP Soccer Field 4:00-5:00pm

January 26 National Preschool Fitness Day Celebration

You can always check our events at [CMP Events](#) and our holidays at [CMP Holidays](#).



Thank you for making our annual **TOY DRIVE** a huge success!





9 likes

promises2kids Thank you to everyone who supported the 24th Annual @bomasandiego Give From Your Heart Holiday Gift Drive presented by @carmelmountainpreschool . Because of your generosity, we raised 13,538 gifts and \$5,965 in gift cards for foster youth across in San Diego County. Thank you for helping us create a brighter future for foster children this holiday season! To learn more about Promises2Kids and how you can help, visit the link in our bio.

CONGRATULATIONS to Valentina for winning the Toy Drive Drawing. Room 7 has won \$250 to spend on items for their classroom.

Year End Ledgers are available upon request— Stop by the office or email Jane at jane@carmelmountainpreschool.com.

IMPORTANT DATE CHANGE

MARK YOUR CALENDARS

CMP will be closed Tuesday, February 20th. We moved our closed date of Friday, February 23rd to Tuesday, February 20th.

CMP will be closed:
Monday, February 19th for President's Day
Tuesday, February 20th for Staff In-Service

We apologize for any inconvenience and thank you for your flexibility and cooperation.

Enjoy the 4 day weekend!

December Holiday Programs







Thank you parents and family members for joining us for your child's holiday programs. The children did an amazing job!

We want to give a BIG thank you to the teachers and staff for putting together their class program.

CONGRATULATIONS to the Tuition Giveaway Winner! We want to wish a HUGE congratulations to The Figuero Family who won six months free tuition.



FAMILY YOGA

Carmel Mountain Preschool offers monthly yoga on the **back grass.**

This is open to all current, former, future CMP families and their friends and family.



Please join us
Tuesday, January 16th at 4:00pm
or check our schedule at [CMP Family Yoga](#) for future dates. We
look forward to having you join us for some relaxation and fun.

Please go to our [Facebook yoga invite](#) for more details on our
Monthly Free Family Yoga.



CMP wishes a very
HAPPY BIRTHDAY
to all of our January Birthdays!

Julia ~ Avery ~ Sanayaa ~ Ellette ~ Katerina ~ Leilah ~ Trisha ~
Harper ~ Eli ~ Sthira ~ Wesley ~ Barrett ~ Oliver ~ Jackson ~
Wynter ~ Riley ~ Amity ~ Gavin ~ Elliott ~ Landon ~ Ethan ~ Haley
~ Helena ~ Lola ~ Juliet ~ Leo ~ Josephone ~ Sylor

Happy Birthday to our CMP Staff!

Ms. Mallory
Ms. Delores
Ms. Julia
Ms. Kelly
Ms. Michele



Testimonial of the Month

We love hearing all the great things you have to say about CMP!

"Thank you Carmel Mountain Preschool for instilling hope and love into our daughter's life. We came from another preschool that was slowly experiencing a high turnover and nearly twenty students to a classroom. After switching classrooms and enduring a bout of bullying, we happened by chance to encounter one of our older daughter's teacher that began working at Carmel Mountain Preschool, Ms. Nancy. She spoke highly of the school and I could tell from her enthusiasm that this was a place that she loved to be a part of. Soon after, we explored this top notch facility where there is an art studio, chicken coop, science nook with live animals, and tinker studio where children do woodworking. Also noteworthy to mention that there are three levels of playgrounds and a small class ratio of 12:1. More importantly, I felt that there was a happy ambience and team work mentality. We felt welcome there right away.

After a few months at the school, I asked if there were any openings for full time because my husband was deploying with the Navy and we needed a full time position for our daughter. They worked hard to make accommodations for us, but at the same time, being mindful not to disrupt any current students with their teachers nor classrooms. They always worked in the best interest of the children.

This was further elucidated when we discovered a few months ago that our daughter was diagnosed with a genetic mutation, rendering her with mild to moderate hearing loss. Her inability to tolerate a large classroom setting made her unable to cope in the previous school with the large classroom size. When I beseeched Donna to move her a step down from the large classroom size of Kinder-Prep to Pre-K, even though the reservation had been made months early this year, she made the necessary changes to make sure Josephine stayed in a 12 student classroom so that her speech, occupational, and hearing therapies could be established in a quieter room and smaller group size. The school was amazing and accommodating for all the extra equipment, tutoring, and observations by our deaf and hearing specialist. She will get her hearing aids in a few weeks and the teachers are all aware of her condition. Ms. Nancy, especially, was open to learning and implementing whatever needed to be done to help Josephine understand and hear. She even wore a microphone during group activity times. Some of Josephine's social and developmental delay was due to her hearing loss and we had no idea at the time.

Josephine has only been shown love, care, and close attention by everyone at Carmel Mountain Preschool. In the one plus year that we have been there we have seen remarkable changes in her personality and enthusiasm for school. She has come out of her shell in the close friendships she has made there as well as with the wonderful teachers she has had. It warms my heart to know that such a place exists to provide support and care during this challenging year for us. We want to thank you from the bottom of our hearts. As a health care professional that specializes in children, I can assure you that I recommend this school wholeheartedly and that they treat your

child like family. Thank you Carmel Mountain Preschool for providing a wonderful foundation and for turning my child around to finally look forward to and enjoy school."



If you would like to be chosen for the Testimonial of the Month and receive a \$25 gift card please email your testimonial along with picture to [Jane](#).

Enter to win a monthly gift basket.

Stop by the front office to guess how many items are in the jar!



December Basket Winners:

Bryce & Alyssa ~ 1ab & 4a

Aiden ~ 3b

Nicolo ~ 2b

There were **175 bells** in the jar.

Teacher Winner ~ Mrs. Sonya

CONGRATULATIONS!

Want Fresh Eggs?



We need your help to gather the eggs on the weekends.

There is a sign up sheet in the office for families to choose a Saturday or Sunday to come to CMP and collect the eggs.

Please only sign up once in a 2 month period to allow all families the opportunity to gather eggs.

When it is your scheduled day to collect eggs you park at the bottom gate and walk up to the chicken coop - just make sure no chickens hop out while you gather the eggs.

Feel free to talk to Ms. Erin or email lab@carmelmountainpreschool.com to discuss any chicken tips/tricks or to be introduced to our flock.

Happy gathering!

Teacher Highlights



A little bit about our 2b teachers....

Name:

Tracey

Where are you from?

Sydney, Australia

Where did you go to school?

University of Western Sydney

What did you study?

Bachelor of Education (Early Childhood Teaching)

When you were a kid, what did you think you would be when you grew

When you were a kid, what did you think you would be when you grew up?

A vet

What is your favorite thing to do in San Diego?

Go to the Safari Park

Where would you like to take your next vacation and why?

Back to Australia to see my family.

Do you have any pets? What are they and what are their names?

No.

.....

Name:

Kat

Where are you from?

San Diego, CA

Where did you go to school?

Mt. Carmel H.S. and Palomar Community College

What did you study?

General Ed and Child Development

When you were a kid, what did you think you would be when you grew up?

A teacher

What is your favorite thing to do in San Diego?

Surround myself in nature and hiking

Where would you like to take your next vacation and why?

I would love to go back to Jamaica because of the beauty of nature.

Do you have any pets? What are they and what are their names?

Yes, a dog which is a chi-poo and his name is Chapo

Parent Committees

We will be putting together Parent Committees for various upcoming events at CMP.

Each committee will be composed of 5-6 parents, ideally one from each age group.

The first two committees we will be a **Teacher Appreciation Committee** and an **Art Show Committee**. The Teacher Appreciation Committee will be in charge of finding special ways to appreciate all of our amazing teachers including helping us plan fun and special events for the teachers. The Art Show Committee will help us get ready for our annual Art Show in March.

If you are interested in being a part of one of these Parent Committees please sign up your name in the front office. If we have more than one parent from each age group we will randomly draw a name for each age group from the interested parties.

INSTAGRAM CONTEST



Dear Parents,

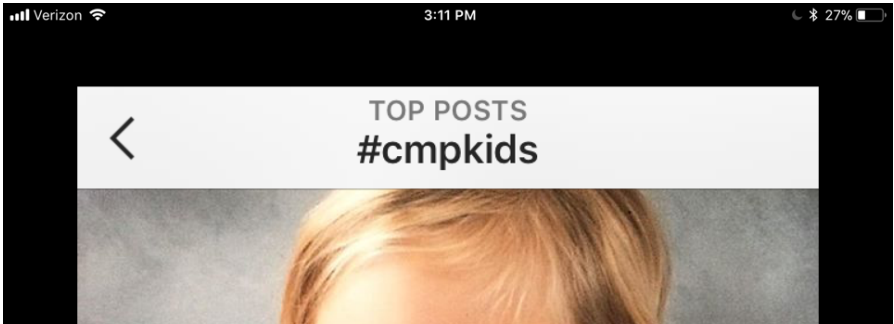
Did you know that anytime you share a photo of your CMP moments on [Instagram](#) you have the chance to win a **\$25 gift card**?

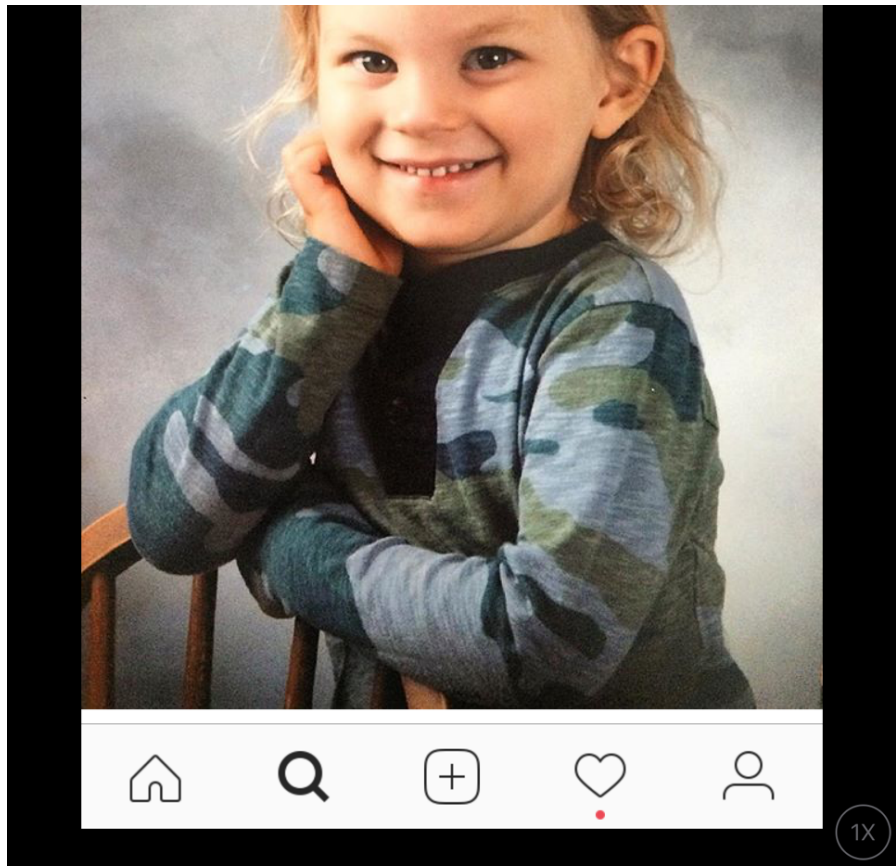
When you post photos of your children at CMP, on field trips, attending CMP events, sharing the art work they create, their preschool fashion, or getting ready for school on [Instagram](#), please hashtag **#CMPfun** and **#CMPkids**.

Each time you post a photo showing how much you love our CMP life on Instagram with our hashtags and share on [Facebook](#), you will be instantly entered in the contest. Whichever photo has the most likes on Instagram each month will receive a \$25 gift card and will be featured in our newsletter.

This month we say **CONGRATULATIONS** to Bailey and our

teacher winner Ms. Julie. Congratulations to you both!







CMP Coffee Bar

Need a quick fill up before you head to work? Stop by our **Organic Coffee & Tea Bar** located outside the kitchen window near the front patio. Organic coffee and tea will be brewed every morning and available from 6:45am-12:30pm. Organic fruit will also be available for a quick on-the-go morning snack along with homemade organic creamer.

Please bring a reusable coffee mug to fill up.

One of Carmel Mountain Preschool's Core Values is "we are organic" and we wanted to carry that into our Coffee Bar. We decided not to use a Keurig due to the amount of excess waste it would create.



Visit CMP's Lost & Found

If you lost it, we've probably found it! At CMP, we are gathering lost coats, water bottles, sunglasses, etc.

To our new parents and families: you will notice once a month we hang all lost & found clothing on our outer fence by the main parking lot. Our lost & found basket is located in the **main office** under the extracurricular board. Feel free to stop by anytime to look for any lost items.

We really recommend labeling **EVERYTHING THAT COMES TO SCHOOL** with your child's name.

Looking Ahead to February



February 6 Rhythm Child Drumming Circle Student Fun

February 6 The Rhythm Child Parent & Family Night 4:00-5:00pm

February 13 National Pancake Day

February 19 **CMP CLOSED** - President's Day

February 20 **CMP CLOSED** - Winter Teacher In-Service

February 28 Family Yoga on CMP Back Grass 4:00-5:00pm

Check your classroom Parent Board for important dates and event information or our website at [CMP Events](#).



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Forward



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Our mailing address is:

9510 Carmel Mountain Road
San Diego, CA 92129

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