

Snack Menu

October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM: Applesauce & Graham Crackers PM: Vegetables, Dip & Fruit	3 AM: Cereal, Milk & Fruit PM: Tortilla Chips, Salsa & Fruit	4 AM: Yogurt, Granola & Fruit PM: Cheese & Crackers w/ Fruit	5 AM: Cottage Cheese & Fruit PM: Vegetables, Hummus & Fruit	6 AM: Cream Cheese & Crackers w/ Fruit PM: Animal Crackers & Fruit
9 AM: Cereal, Milk & Fruit PM: Vegetables, Dip & Fruit	10 AM: Cream Cheese w/ Crackers & Fruit PM: Muffins & Fruit	11 AM: Cheese & Crackers w/ Fruit PM: Tortilla Chips, Salsa & Fruit	12 AM: Applesauce, Graham Crackers & Fruit PM: Vegetables, Dip & Fruit:	13 AM: Yogurt, Granola & Fruit PM: Cottage Cheese & Fruit
16 AM: Cereal Milk & Fruit PM: Tortilla Chips, Salsa & Fruit	17 AM: Applesauce, Graham Crackers & Fruit PM: Vegetables, Dip & Fruit	18 AM: Pancakes & Fruit PM: Cottage Cheese & Fruit	19 AM: Cheese & Crackers w/ Fruit: PM: Vegetables, Dip & Fruit	20 AM: Smoothie & Animal Crackers PM: Yogurt, Granola & Fruit
23 AM: Cottage Cheese & Fruit PM: Vegetables, Crackers & Fruit	24 AM: Applesauce, Graham Crackers & Fruit PM: Cheese Quesadillas & Fruit	25 AM: Yogurt, Granola & Fruit PM: Vegetables, Dip & Fruit	26 AM: Cream Cheese & Crackers w/ Fruit PM: Cheese & Crackers w/ Fruit	27 AM: Cereal, Milk & Fruit PM: Muffins w/ Fruit
30 AM: Applesauce, Graham Crackers & Fruit PM: Vegetables, Dip & Fruit	31 AM: Cottage Cheese & Fruit PM: Cheese & Crackers w/ Fruit			