

DECEMBER MENU

				1 AM: Vanilla Chia Pudding w/Fruit PM: Home-made Banana Bread	2 AM: Cottage Cheese with CMP-grown Passionfruit Drizzle PM: Olive Pasta Salad
5 AM: Blueberry Smoothie PM: Fresh Baked Focaccia with Arugula Cheese Spread	6 AM: Organic Cinnamon Applesauce w/ Graham Crackers PM: Baked Kale Chips w/ Fruit	7 AM: Home-made Granola w/ Dried Fruit and Yogurt PM: Fresh Vegetables with Herbed Ranch and Sesame Sticks	8 AM: Strawberry Kiefer and Fruit PM: Arugula Pesto Pasta	9 AM: Oatmeal Berry Breakfast Cookies w/ Fruit PM: Home-made Classic Italian Pizza	
12 AM: Banana Rocket Smoothie PM: Baked Ziti w/Fruit	13 AM: Cottage Cheese with CMP grown Passionfruit Drizzle PM: Vegetables with Seeded Crackers and Creamy Hummus	14 AM: Strawberry Kiefer with Fresh Fruit PM: Parmesan and Garlic Pasta	15 AM: Blueberry Honey Smoothie PM: Edamame with Sesame Sticks	16 AM: Vanilla Chia Pudding w/Fruit PM: Caribbean Peas and Rice	
19 AM: Homemade Granola with Dried Fruit and Yogurt PM: Chinese Vegetable Fried Rice	20 AM: Berry Breakfast Cookies w/Fruit PM: Quinoa and Black Bean Chili	21 AM: Zucchini Bread w/Fruit PM: Soft Baked Honey Cinnamon Chickpeas w/Fruit	22 AM: Organic Cinnamon Applesauce with Graham Crackers PM: Whole Wheat Cheese Quesadillas with Black Bean Salsa	23 AM: Fruit and Yogurt Parfait PM: Parmesan and Garlic Pasta	
26	27 CMP CLOSED	28 DEC 26 -JAN 2	29 HAPPY	30 HOLIDAYS!!	