

Newsletter

January

2013

# Carmel

Mountain Preschool

Carmel Mountain Preschool's mission is to provide a loving, supportive, educational environment where children participate in programs that promote individual growth and a lifelong love of learning.



*As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but live by them.*

*~ John F. Kennedy*

*Year End Ledgers are available upon request—stop by the office.*

### MARK YOUR CALENDARS



#### 2013 CMP Holidays:

- January 21 - Martin Luther King, Jr. Day
- February 18 - President's Day
- May 27 - Memorial Day
- July 4 - Independence Day
- September 2 - Labor Day
- November 11 - Veteran's Day
- November 28 & 29 - Thanksgiving Holiday
- December 23 to January 1 - Winter Holiday

### Holiday Programs

*The holiday programs were fabulous and we had such a great family turnout. The teachers and children worked very hard preparing for the performances.*

*We appreciate all the family support!*

Thank you for Holiday Cards and Gifts

Thank you for your beautiful holiday cards, gifts, lunch, breakfast & all the wonderful goodies for the staff that you brought in. We all really appreciate your thoughtfulness and hope you had a wonderful holiday with your families & loved ones. We appreciate all the wonderful families we have here at CMP.

### The Holiday Toy Drive was a Success!

*Thank you for the wonderful support of our holiday toy drive. We received many toys & gift cards this year. Your generous donations helped make the holidays brighter for many children in the Promises For Kids program. We continue to collect throughout the year.*

### Happy New Year From CMP Kindergarten!

Children who turn 5 by November 1st, 2013 will be eligible to start Kindergarten in the State of California in the fall of 2013. Now is the time to begin thinking about plans for your soon to be kindergartener!

CMP provides a 6 hour curriculum day with an emphasis on Literacy, Writing, Math and Fine Arts and class size is limited to 20 students. Now is a great time to check in with your child's teacher to learn more about CMP private kindergarten.

*This is the beginning of a very special time for you and your child. We invite you to explore the advantage private school can offer.*

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### Lost and Found

*Please be sure to label all of your children's jackets, sweaters, and sweatshirts with their full name.*

*This will alleviate so many unclaimed articles in our lost and found basket. Our lost and found basket is located in the lobby.*

### Rest Time Blankets

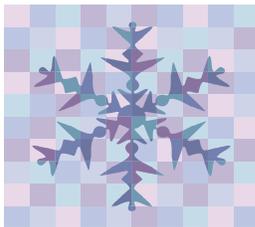
Please be sure to bring in two blankets for rest time (full day students). We need one blanket to cover the mat and another to cover your child. Also, please remember to bring blankets home to be washed each weekend and return the following week.

**The best "gift" you can give to your children is the gift of your undivided time. Be "present" for them!**

### Drop off and Pick up Procedures

Please be sure to sign your child in and out each day in their classroom; it is required by state law.

**Children may not run up to the playground**



## Building the Foundation for Lifelong

### Literacy Success

#### Holiday Basket Winners

Thomas	11
Athena	1AB
James	2B
Staff: Miss Amy	

Congratulations to the winners! The correct amount of candies in the container was 199! Look for another drawing this month. **Good Luck!**

#### Update Extra Clothing

Please be sure to update your child's extra clothing supply in their cubby to ensure they have appropriate sizes for the changing weather.

#### Children & Sleep

Sleep is a vital need, essential to a child's health and growth. Sleep promotes alertness, memory and performance. Children who get enough sleep are more likely to function better and are less prone to behavioral problems and moodiness. That is why it is important for parents to start early and help children develop good sleep habits. How much sleep should my child get? Each child is different and has different sleep needs. This chart presents recommended hours of sleep that includes naps for children up to age 5.

1 –3 Years.....12–14 hours

3–5 Years.....11–13 hours

5–12 Years.....10–11 hours



The administration and staff at Carmel Mountain Preschool are thrilled to be a part of your child's early childhood education. It is our pleasure to assist you! Happy new year and may it be the best year ever!