



December 2017

December 11 Room 1ab - Holiday Program 3:00pm on Room 1ab Stage

December 12 Room 7 & 8 - Holiday Program 9:00 am on Room 1ab Stage

December 12 Room 9 & 10 - Holiday Program 9:30 am on Room 1ab Stage

December 12 Room 11 & 14b - Holiday Program 10:00 am on Room 1ab Stage

December 12 Room 5a & 5b - Holiday Program 10:30 am on Room 1ab Stage

December 12 Room 3a & 3b - Holiday Program 11:00 am on Room 1ab Stage

December 12 Room 2b - Holiday Program 11:30 am on Room 1ab Stage

December 12 Room 12a & 12b- Holiday Program 12:00 pm on Room 1ab Stage

December 12 Room 6a - Holiday Program 3:00 pm in Room 6a

December 12 Room 6c - Holiday Program 3:00 pm in Room 6c

December 12 Room 4a - Holiday Program 3:30 pm in Room 4a

December 12 Room 2a - Holiday Program 3:30 pm in Room 2a

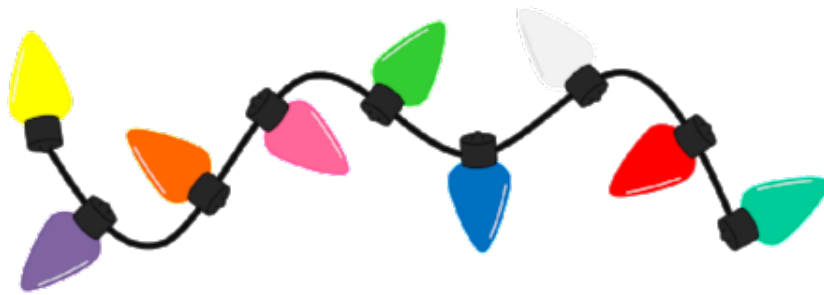
December 12 Room 6b - Holiday Program 3:30 pm in Room 6b

December 20 & 21 Santa Claus Visits CMP

December 21 Family Yoga on CMP Back Grass 4:00pm - 5:00pm

December 24 - January 1 Winter Break

You can always check our events at [CMP Events](#) and our holidays at [CMP Holidays](#).



IMPORTANT DATE CHANGE

MARK YOUR CALENDARS

CMP will be closed Tuesday, February 20th. We moved our closed date of Friday, February 23rd to Tuesday, February 20th due to a child care conference that some of our staff members will be attending.

CMP will be closed:

Monday, February 19th for President's Day
Tuesday, February 20th for Staff In-Service

We apologize for any inconvenience and thank you for your flexibility and cooperation. Enjoy the 4 day weekend!

Carmel Mountain Preschool
is a proud sponsor of
GIVE FROM YOUR HEART



**ANNUAL BOMA
GIVE
FROM YOUR
HEART.
HOLIDAY GIFT DRIVE**

PRESENTED BY
Carmel Mountain PreSchool



PROMISES2KIDS

BOMA San Diego

Presenting Sponsor
carmel
Mountain Preschool

Other support provided by:









Like to shop online? **amazon.com**

View our wishlist – Promises2Kids
at [smile.amazon.com](https://www.smile.amazon.com)

Support Promises2Kids even further by shopping at
[smile.amazon.com](https://www.smile.amazon.com). Amazon donates 0.5% of the price of
your eligible AmazonSmile purchases.

SHOP ONLINE & SHOP TO

Promises2Kids: 9400 Ruffin Court, Suite A, San Diego, CA 92123

 INFANTS & TODDLERS	 BOYS & GIRLS AGE 5-10	 BOYS & GIRLS AGE 11-13	 BOYS & GIRLS AGE 14-18	 POPULAR BRANDS & GIFT CARDS
Wind Up Mobiles LeapFrog Toddler Gyms Large Trucks Rocker Seats Receiving Blankets Floor Activity Gyms Baby Dolls Teething Rings Cars PBS Kids Baby Einstein Learning & Development Toys	Board Games Sports Equipment Hot Wheels/ R/C Cars Disney Items Monster/High Items Barbie Items Little Pet Shop Dance games Walkie Talkies Books LeapFrog Legos Bey-Blades	Headphones Just Dance Sports Equipment Hunger Games Twilight/ Disney Rollerblades Books Hello Kitty Arts & Crafts Kits Journals/Diaries MP3 players	Work Out Gear Sports Memorabilia MP3 Player Skinny Jeans Books Skateboards Travel Size Games Door/B-ball Hoop UGGs, Toms Headphones Sunglasses Art Supplies Organizers Hair Styling Tools Make Up / Scents & Lotions Watches, Purses Wallet	Levi's, Dickies Aeropostale American Eagle Hollister, Hurley Vans, Converse Kacy, Nike Reebok, Adidas Guitar Center Charlotte Russe Forever 21 Old Navy Target, Wal-Mart Movie Tickets Claire's Boutique Sporting Events Jamba Juice, Lids

ALL GIFTS MUST BE NEW & UNWRAPPED CASH
GIFTS WELCOME AT [PROMISES2KIDS.ORG](https://www.promises2kids.org)

9400 Ruffin Court, Suite A, San Diego, CA 92123
858.278.4400
Promises2Kids.org

Holiday Gift Drive This is the season to brighten the lives of foster kids! CMP's goal is to collect **500** unwrapped toys!

KUSI NEWS will be at CMP on Friday, December 8th. Come drop off your toy and make a cameo!

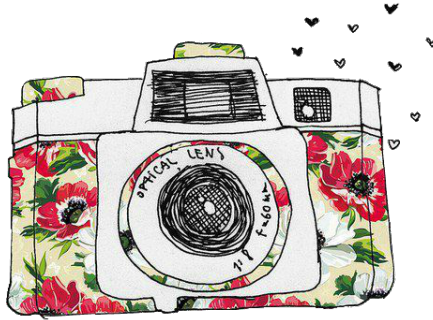
Bring your new, unwrapped toy to the front office to claim your raffle ticket (one per toy donated) and a sticker to place on our **THANK YOU** for giving holiday card.

We ask that you talk with your child about the importance of giving. Drop off a new, unwrapped and non-violent gift in the box located at the front desk by **December 15th**. You will make Christmas a special day for foster children, helping them to have a happy and joyful holiday. Let's not forget the older kids since it's a bit harder to shop for them - you can get ideas by checking out the flyer above. You can also learn more about Promises2Kids from our interview with the president, Tonya Torosian, at our [blog](#).

There is also a Promises2Kids Give From Your Heart wishlist on [Amazon](#). If you shop on Amazon you can also choose Promises2Kids as your charity to donate a portion of your purchase sales. Cash donations are welcome and greatly appreciated, too. Donations can be easily made on [Promise2Kids](#) website.



Picture Proofs



Proofs will arrive on Wednesday, November 29th. Please check your child's art folder.

Proofs are due back to school by **Thursday, December 7th**. Please drop proofs off in the front office.

Photos will arrive by Monday, December 18th - just in time for the perfect holiday gift!





*Free for all past, present, and future families.
Friends, family, and neighbors are all welcomed to join!*

Carmel Mountain Preschool offers monthly yoga on the **back grass**. This is open to all current, former, future CMP families and their friends and family.

Please join us **Thursday, December 21st** or check our schedule at [CMP Family Yoga](#) for future dates. We look forward to having you join us for some relaxation and fun. Please go to our [Facebook yoga invite](#) for more details on our November Free Family Yoga.

Teacher Highlight



Name:
Sonya Klepper

Where are you from?

San Diego, Ca

Where did you go to school?

Miramar College & PLNU

What did you study?

Child Development

When you were a kid, what did you think you would be when you grew up?

When I grew up question: Well my twin brother and I had dreams of being contestants on Supermarket Sweeps when we grew up. I also thought I would be a giraffe zookeeper.

What is your favorite thing to do in San Diego?

I enjoy getting out in nature; hiking, walking along our beautiful beaches and exploring new places. (I'm the type of person you will find with her toes in mud, hands covered in paint, constantly moving, playing & exploring the world around us!)

Where would you like to take your next vacation and why?

I would have to say a month long trip to visit Italy, Croatia & Germany because of their food, beautiful views, history & culture.

Do you have any pets? What are they and what are their names?

I haven't had a pet for a few years now. However, I would love to adopt a dachshund puppy.



CMP wishes a very
HAPPY BIRTHDAY
to all of our December Birthdays!

Alexander ~ Violet ~ Elle ~ Alexa ~ Stone ~ Max ~ Gracie ~ Jonas ~ Paisley ~
Jaxton ~ Chloe ~ Ace ~ Katelyn ~ Carter ~ Addison ~ Rivaan ~ Julia ~ Luke ~
Graysen ~ Annika ~ Henry S. ~ Henry V. ~ Hazel ~ Madelyn ~ Nora

Thank you to all who helped make this possible!

Happy Birthday to our CMP Staff!

Ms. Pauline ~ 12/3

Ms. Tracey ~ 12/5

Ms. Arianne ~ 12/14

Ms. Maddi ~ 12/20

Ms. Angie ~ 12/28

Ms. Karen ~ 12/29

Ms. Jacque ~ 12/29

Ms. Amanda ~ 12/31

We had a wonderful Friendsgiving at CMP



Thank you to all of our CMP family and friends who showed up for a great Friendsgiving celebration!

Testimonial of the Month

With love and support from the CMP family, we are proud to share our testimonial of the month.

we love hearing all the great things you have to say about CMP!

“Where to begin....CMP is so very near and dear to our hearts and home. Our daughter, now almost 5 yr. old, started 2 years ago when we weren't happy with our current daycare. We debated if it was the right decision to move her and we've never looked back. We absolutely love the teachers, staff, and owners!

It's rare that you get to see and meet the owners. It's family-owned and it shows. Our son, 2.5 yr. old, started this past June and he adores his teachers and is already progressing so much more! I'm always amazed how every single teacher knows the name of my children, even though they're not in their class.

The teachers genuinely love my kids. I can go on and on about the incredible extra activities CMP provides, from tinkering studio, live chickens and chick hatchings, garden, science lab, outdoor art studio. CMP has it all and we're so blessed to have found it!”



If you would like to be chosen for the Testimonial of the Month and receive a \$25 gift card please email your testimonial along with picture to [Jane](#).

WINTER BREAK





**CMP will be closed Monday, December 25th -
Monday, January 1st.**

Happy Holidays!

Have a safe and wonderful Winter Break.
See you Tuesday, January 2nd

THANK YOU!!



Gently Hugged wished to thank you for your donation of **87 pounds of useable baby clothing and 9 blankets** collected during the October 2017 clothing drive for Gently Hugged. These generous contributions helped provide infant clothing, blankets, and other essential items for babies in need in San Diego County.

Since the beginning of our partnership in 2014, CMP has contributed **995 pounds of clothing and 107 blankets** to at risk newborns in our local communities.

A HUGE THANK YOU TO EVERYONE WHO DONATED!!!!

NON-TOY GIFT IDEAS

With the holidays right around the corner here are some great non-toy gift ideas.

On the website, Your Modern Family, Becky Mansfield lists 50 of her favorite non-toy children's gifts. Here's a sampling:

-- -- -- -- -- -- -- -- -- --

- "Make them a photo album of memories from the year (use an album where it has room for you to write and share why you loved that moment)"
- Tickets to an event
- Classes at a local gym, art studio, dance studio, soccer clinic...
- A gift certificate for books – check out Scholastic and order a gift card for a gift of education
- Recipe cards and ingredients (Make cookies or even playdough)"

To read the complete article please click [here](#)

If you are free on Saturday come get a free beer from our friends at Duckfoot Beer and donate a toy at the Matus Black Spot. Details Below.



Enter to win a monthly gift basket.

Stop by the front office to guess how many items are in the jar!



November Basket Winners:

Adrian ~ 5B
Elliette ~ 1AB
Julia ~ 5A

There were **236** leaves in the jar.

Teacher Winner ~ Mrs. Marcy

CONGRATULATIONS!

We had a very successful food drive. Thank you for all your donations!

Want Fresh Eggs?



Our hens just started laying eggs and we need your help to gather the eggs on the weekends.

There is a sign up sheet in the office for families to choose a Saturday or Sunday to come to CMP and collect the eggs. Since our hens just started laying eggs there are not a lot to gather at this time but it will increase up to 6 eggs a day. When it is your scheduled day to collect eggs you park at the bottom gate and walk up to the chicken coop - just make sure no chickens hop out while you gather the eggs.

Feel free to talk to Ms. Erin or email lab@carmelmountainpreschool.com to discuss any chicken tips/tricks or to be introduced to our flock.

Happy gathering!

INSTAGRAM CONTEST





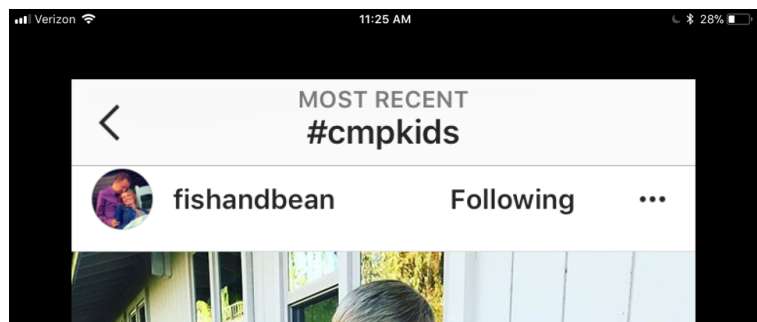
Dear Parents,

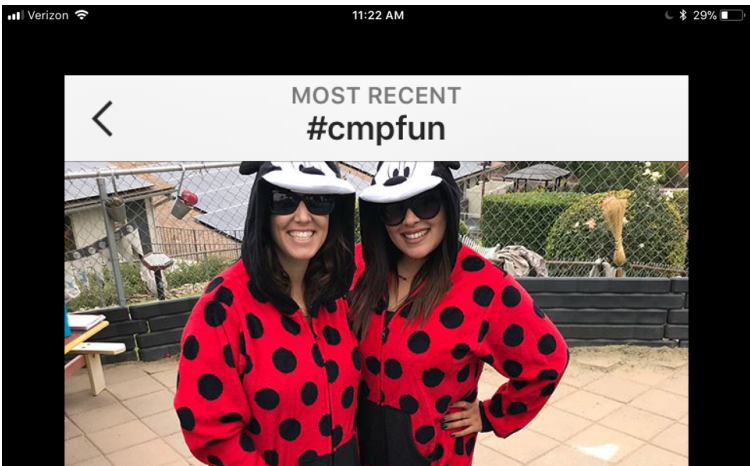
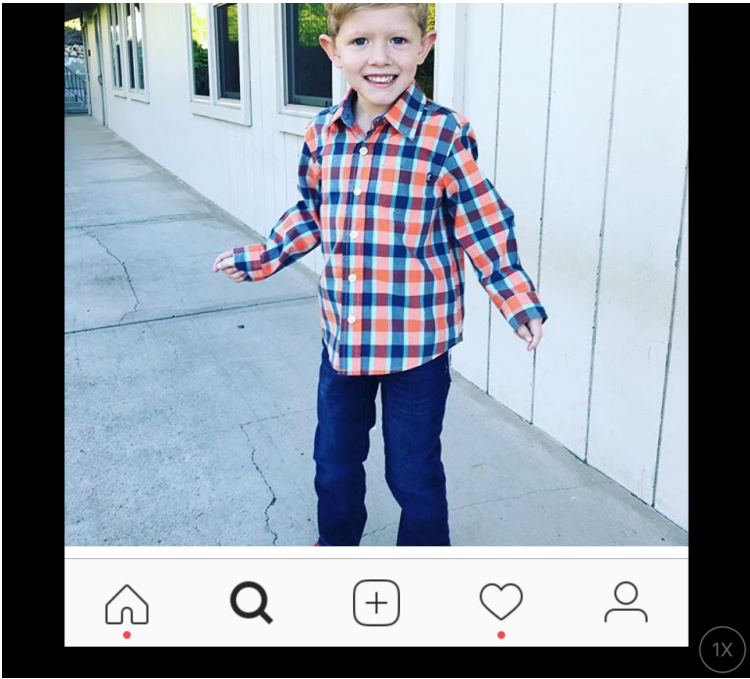
Did you know that anytime you share a photo of your CMP moments on [Instagram](#) you have the chance to win a **\$25 gift card**?

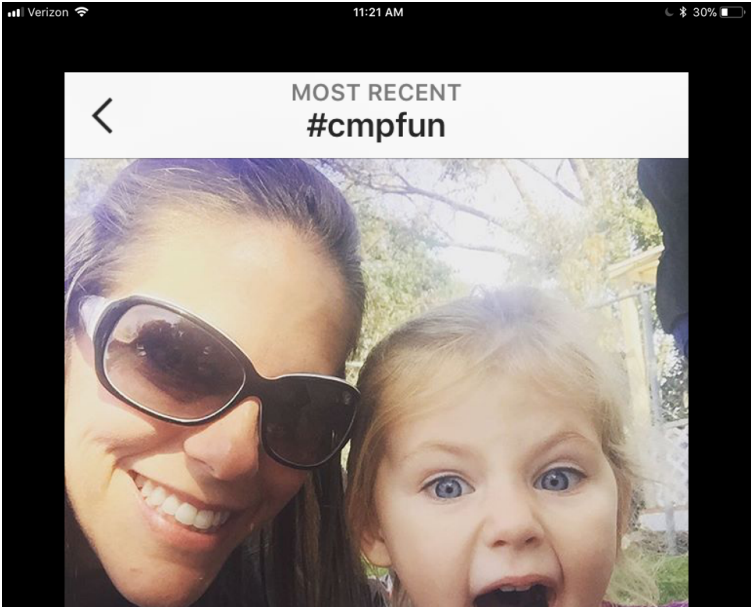
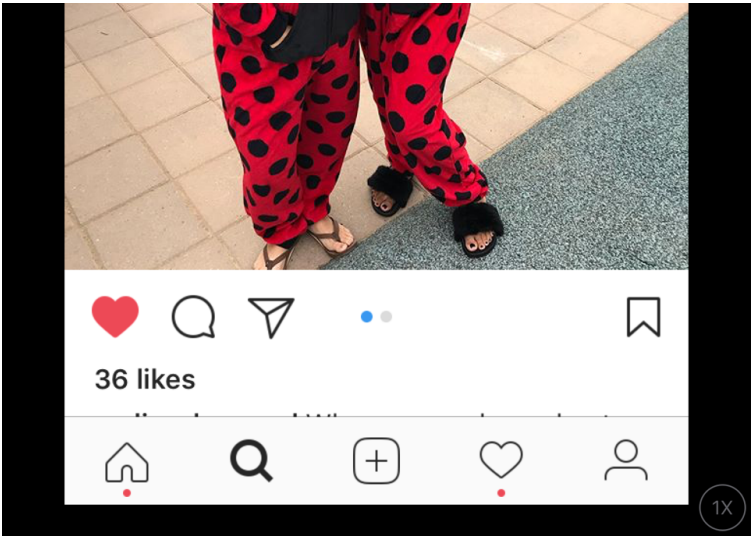
When you post photos of your children at CMP, on field trips, attending CMP events, sharing the art work they create, their preschool fashion, or getting ready for school on [Instagram](#), please hashtag **#CMPfun** and **#CMPkids**.

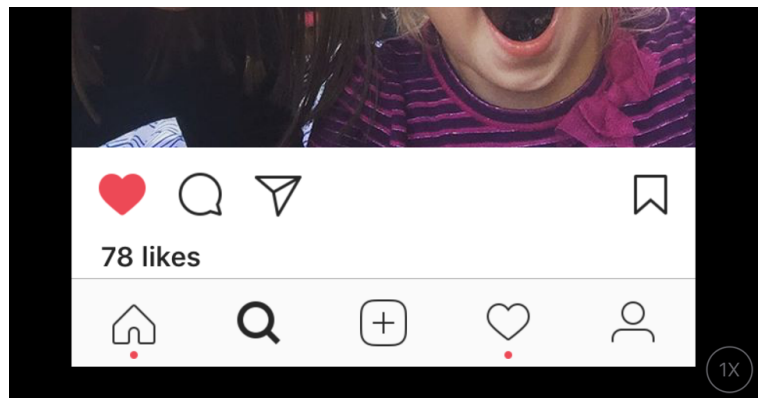
Each time you post a photo showing how much you love our CMP life on Instagram with our hashtags and share on [Facebook](#), you will be instantly entered in the contest. Whichever photo has the most likes on Instagram each month will receive a \$25 gift card and will be featured in our newsletter.

This month we say **CONGRATULATIONS** to Jill and our teacher winner Melissa. Congratulations to you both! And a CONGRATULATIONS to our second time winner Jen!









CMP Coffee Bar

Need a quick fill up before you head to work? Stop by our **Organic Coffee & Tea Bar** located outside the kitchen window near the front patio. Organic coffee and tea will be brewed every morning and available from 6:45am-12:30pm. Organic fruit will also be available for a quick on-the-go morning snack along with homemade organic creamer.

Please bring a reusable coffee mug to fill up. One of Carmel Mountain Preschool's Core Values is "we are organic" and we wanted to carry that into our Coffee Bar. We decided not to use a Keurig due to the amount of excess waste it would create.

CMP has partnered up with Klean Kanteen and we now have CMP Klean Kanteen reusable coffee mugs for sale in the front office for \$25. Feel free to stop by the office to take a look.



Visit CMP's Lost & Found

If you lost it, we've probably found it! At CMP, we are gathering lost coats, water bottles, sunglasses, etc.

To our new parents and families: you will notice once a month we hang all lost & found clothing on our outer fence by the main parking lot. Our lost & found basket is located in the **main office** under the extracurricular board. Feel free to stop by anytime to look for any lost items.

We really recommend labeling **EVERYTHING THAT COMES TO SCHOOL** with your child's name.

CMP Parking Lots

Just a reminder to always hold your child's hand when walking through the parking lot. CMP has 3 parking lots, please utilize the upper 2 parking lots to help traffic flow.

Only park in designated parking spots and be aware of other cars and families - the bottom parking lot **red** fire lane should remain clear at all times.

Please never leave a child unattended in your car. It gets very hot in our parking lots and we want to ensure the safety of all children.

Thank you.





Looking Ahead to January

January 2 Return to School

January 15 CMP CLOSED - Martin Luther King Day

January 16 Family Yoga on CMP Back Grass 4:00-5:00pm

January 23 Hullabaloo Concert Family Appreciation Night on CMP Soccer Field 4:00-5:00pm

January 26 National Preschool Fitness Day Celebration

Check your classroom Parent Board for important dates and event information or our website at [CMP Events](#).



Share



Tweet



Forward



Copyright © 2017 Carmel Mountain Preschool, All rights reserved

Our mailing address is:

9510 Carmel Mountain Road
San Diego, CA 92129

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)