

October 2023

carmel

Mountain Preschool



October Events

October 3- Ice Cream Social 4:30-5,

**rooms: 2A, 3A, 3B, 4A, 6A, 6B, 6C*

October 4- Ice Cream Social 4:30-5,

**rooms: 2B, 4B, 5B, 7, 8, 9, 10, 11*

October 5- Ice Cream Social 4:30-5,

**rooms: 1A, 1B, 5A, 12A, 12B, 13, 14*

October 5- CMP T-Shirt Day

October 5- Sensory Play 12:15-1:30,

open to the public

October 9- Closed, Staff Development

October 11- Rhythm Child, 4-5 pm

October 15- Pumpkin Station- Del Mar

October 16-20- Fall Festival

October 18- Family Yoga, 4-4:30

October 19- Fall Festival 3-5,

open to public

October 31- Halloween Costume Day

**CMP closes at 4:15 for these classes only*



Anniversary Party

Thank you to every one who showed up on
September 16th to celebrate our
40th Anniversary!



September 16, 2023 was proclaimed
Carmel Mountain Preschool Day
by San Diego County





Pumpkin Station

Please join us on October 15th 2-5 pm at the
Del Mar Pumpkin Station in tent #3.

Unlimited rides are \$25 per child which can be
charged to your CMP account.

Please RSVP to:
emily@carmelmountainpreschool.com
by October 6th



Rhythm Child



Conscious Discipline

The ultimate goal of the **School Family** is to provide a learning environment where all members (adults and children) spend more time in an Executive State than not.



We want children metaphorically asking, "What can I **learn**?" all day long instead of "Am I **safe**?" or "Am I **loved**?"



Visual **routines** contribute to answering the question, "Am I safe?" **Rituals** contribute to answering the question, "Am I loved?"



The classroom **structures** in Conscious Discipline contribute to answering the question, "What can I learn about getting along with others?"





Fine Motor



Sensory Play



Puzzles



Process Art



Halloween Safety Tips

Place strips of reflective tape on the back and front of costumes, so that drivers can better see your child.

Put your child's name, address, and phone number on their costume.

Costumes should fit properly to prevent trips and falls.

Do not use masks. Masks make it hard for children to see what's around them, including cars.

Turn on outdoor lights, and replace burnt-out bulbs.

Some children have food allergies. Consider giving treats other than candy, such as stickers, erasers or a small toy.



Put out a teal-colored pumpkin or a poster of one in your window to let children with food allergies know that what you're handing out is allergen-free (e.g., not food).

Happy BOO-thday

Olivia, Julian, Milo, Reyansh, Lily, Finn, Parker, James, Quinn, Andre, Finnley, Arwen, Graham, Jackson, Violet, Eli, Emmeline, Giovanni, Piper, Theo, Diyar, Neil, Evelyn, Vivienne, Isabel, Malia

Staff BOO-thdays

Ms. Cori 10/1

Ms. Emily 10/5

Ms. Haley 10/6

Ms. Margaret 10/8

Ms. Carolina 10/10

Ms. Fiona 10/10

Ms. Calee 10/11

Ms. Kiana 10/13

Ms. Veronica 10/22

Ms. Chantelle 10/23



Basket Winners

Last month we asked you to guess how many items were in the jar. There were 146.

Congratulations to our winners!

Marlowe R., 13



Layla E., 5A



Cora V., 9



Ms. Amanda, 6A



Looking Ahead To November

November 1- Pajama Day

November 1- Hullabaloo, 4-4:45

November 2-3- Outdoor Classroom Day

November 3- CMP T-shirt Day

November 10- CMP Closed, Staff In-Service

November 13-17- Friendsgiving

November 14- Young Reader's Day

November 16- Family Yoga, 4-4:30

November 23-24- CMP Closed, Thanksgiving

November 30- Family Hip-Hop, 4-4:30

