## Car/Med

Mountain Preschool



### August Events

Aug 1: Disney Day

Aug 2: Rock and Roll Day

**Aug 3:** Favorite Sports Day

Aug 4: Costume Day

Aug 7: CMP Shirt Day

Aug 8: Pajama Day

Aug 9-11: CMP Closed, Teacher In-Service

Aug 11: Orientation

Aug 14: Fall Session Begins

Aug 17: Family Yoga

Aug 22-24: Ice Cream Social

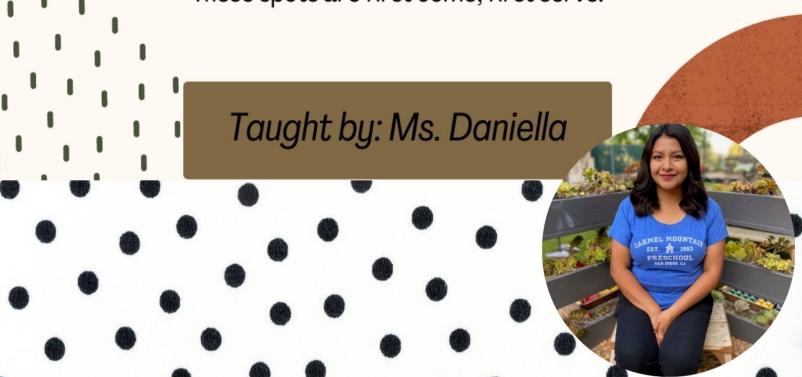


### Now enrolling for our Spanish Immersion Class

CMP is pleased to announce we will be offering a Spanish Immersion Class for the 2023-2024 school year. Students must be fully potty trained, and commit to a 5 full day schedule for the entire school year. No prior exposure to Spanish necessary.

Check your email or contact the office for a registration packet today!

For additional information call: 858.484.4877 These spots are first come, first serve.



### Summer Fun

Thank you for a wonderful summer! We had fun splashing, getting muddy, and messy!

We look forward to a wonderful 2023-2024 school year! Enjoy some photos from the past few weeks.











### Get To Know Us



Name: Karina Barrett Role at CMP: Teacher I grew up in: Oxnard, CA

My favorite children's book is: Miss Nelson is

Missing

Favorite music and movement song: Tarzan Fun fact: I love concerts, I've been to over 70!

Name: Betsy Regan

Role at CMP: Support staff

I grew up in: Winnetka, Illinois

My favorite children's book: Fanny McFancy

Passion for Fashion

Favorite music and movement song: Shake My

Sillies Out

Fun fact: I play on a women's tennis team. I love cooking, traveling, and taking care of my two

grandsons, Charlie (4) and Henry (2.)



### Conscious Discipline

#### Are there consequences in Conscious Discipline?

A common misconception about Conscious Discipline is that there are no consequences.

> Six powers and skills form a foundation for effective consequences.

Building that foundation takes time but has proven results.

#### Three Types of Consequences

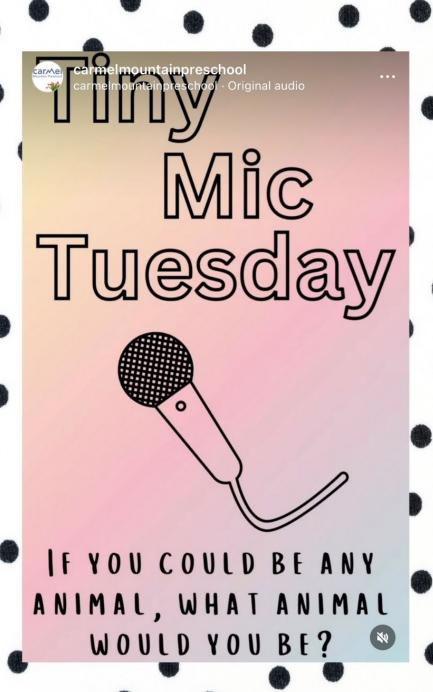
- 1. Natural Consequences: Motivate connected kids to learn a new skill and put it in their "backpack."
- 2. Logical Consequences:

Prearranged by adults and motivate children to use skills they already have.

3. Problem-Solving: A helpful tool for chronic problems or for issues that involve the whole class.



### Follow Us On Instagram









### Basket Winners

Last month we asked you to guess how many red, white, and blue beads were in the jar. There were 515!

Congratulations to our winners!





Casey E., 5B

Emma Y, 2B

Ms. Kiana, 14



McKenna Q., 8





# Looking Ahead To September

September 4: Closed, Labor Day

