



February 2018

February 5 Early Bird Special for Summer and Fall paperwork *Thank you credit due date

February 6 Rhythm Child Drumming Circle Student Fun

February 6 Rhythm Child Drum Circle Parent & Family Night 4:00-5:00pm

February 19 Summer and Fall Paperwork due

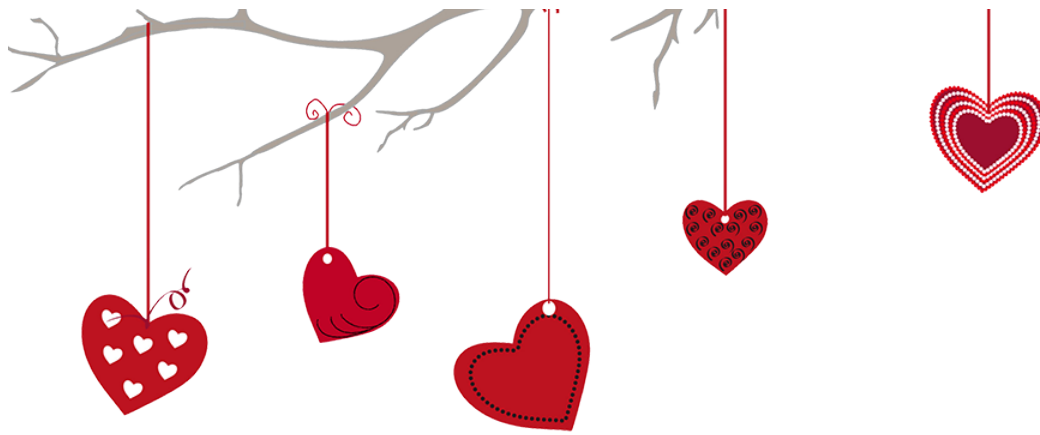
February 13 National Pancake Day

February 14 Valentine's Day

February 28 Family Yoga on Back Grass 4:00-5:00pm

You can always check our events at [CMP Events](#) and our holidays at [CMP Holidays](#).





Year End Ledgers are available upon request — Stop by the office or email Jane at jane@carmelmountainpreschool.com.

Valentine's Day

Please be sure to check your child's classroom Parent Board for information regarding Valentine's Day. We understand that this is a fun day for the children to share treats with their friends but we ask that you do not bring anything edible. Every family has their own wishes when it comes to whether or not they give their children sweets. Out of respect for this, we do not allow edible treats/gifts for holidays or birthdays. CMP encourages you to find alternatives to edible treats - for ideas please visit our Pinterest page.





Children learn best through play and hands on experience. Why not take advantage of Valentine's Day to build and strengthen fine motor skills?

Have your child sign their own name to the back of their Valentine cards. For an extra literacy and proper grip challenge, have them address the envelopes too!

Not quite ready?

Have your child write the first letter of their name or use a name stamp. Develop sorting, classifying, and counting skills by matching and separating Valentine cards by like designs or attributes. Real life in real time offers real learning!

PARKING LOT SAFETY



Just a reminder to **always hold your child's hand** when walking through the parking lot.

CMP has 3 parking lots, please utilize the upper 2 parking lots to help traffic flow. Only park in designated parking spots and be aware of other cars and families - the bottom parking lot red fire lane should remain clear at all times.

Please never leave a child unattended in your car. It gets very hot in our parking lots and we want to ensure the safety of all children. Thank you.

WELCOME TO CMP, DAVEY!





Meet our new friend, Davey Crocket. He is a 10-year-old Newfoundland and will be up in The Glenn hanging out in the Art Studio, Nature Lab and Tinker Hollow on Tuesdays and Thursdays. He is a therapy dog and LOVES children.

A poster for 'Rhythm Child Family Night'. It features a dark background with a large, heart-shaped object made of pink sticks on the right. On the left, there is a red-bordered box containing the event title and details. Below the box, there is additional text about the event being free and open to all.

**RHYTHM CHILD
FAMILY NIGHT**

Join us Tuesday, February 6th
from 4-5pm
for a family
drum circle event!

FREE and Open to all
past, present, and future CMP families.
Grandparents, friends, and neighbors
all welcome to attend.

Please join us
Tuesday, February 6th at 4pm

for an exciting Rhythm Child Special Drumming Event. Rhythm Child develops imagination, inspiration, and motivation...one beat at a time.

Parents and Family are invited to pick up your child and take them up to the special drumming event on the Soccer Field. Only children accompanied by parents will attend the event but please come whenever you can make it as the event will last until 5pm.

You can learn more about Rhythm Child and watch videos of their events at <https://rhythmchild.net/>

COLD & FLU SEASON HAS ARRIVED

**You can help stop the spread of illness.
Please wash your hands and your child's hands
upon arrival.
THANK YOU!**



It is CMP's policy that children be symptom free for at least **24 hours** before returning to school after being ill. Keep in mind that when children are ill their immune responses may be lowered, leaving them more susceptible to other illnesses. Additionally, when children come to school ill, teachers and other children are exposed to illness, creating an unhealthy environment.

If your child has been exposed to or contracted any contagious diseases or infections such as (but not limited to) strep throat, pink eye, influenza, please keep your child home and contact the office to

report the condition.

Children may not attend school if they have any of the following symptoms:

***Temperature of 100 or above *Diarrhea or vomiting
*Colored discharge from the eyes or nose *Other symptoms
or behavior indicative of oncoming illness.**

As always, we appreciate your support of CMP policy!

We Need Your Help With A Super Secret Mother's Day Project



With Mother's Day just around the corner we are busy working on a super secret Mother's Day project. We need your help to make our project complete.

Please bring in a 4x6 picture of your child with mom.

In January we celebrated our 100th day of school and to celebrate we dressed like we were 100 years old!





FAMILY YOGA

Carmel Mountain Preschool offers monthly yoga on the **back grass**.

This is open to all current, former, future CMP families and their friends and family.



Please join us
Wednesday, February 28th at 4:00pm
or check our schedule at [CMP Family Yoga](#) for future dates. We look forward to having you join us for some relaxation and fun.

Please go to our [Facebook yoga invite](#) for more details on our
Monthly Free Family Yoga.



CMP wishes a very
HAPPY BIRTHDAY
to all of our February Birthdays!

**Gracelyn ~ Leah ~ Luke ~ Sarah ~ Lilian ~ Nolan ~ Allie ~
Garrett ~ Keena ~ Laylah ~ Beckett ~ Avery ~ Amber ~
Sabrina ~ Adrian ~ Kendall ~ Landon ~ Jack ~ Ava ~ Lily ~
Logan ~ Shayaan ~ Annika ~ Sierra ~ Ella**

Happy Birthday to our CMP Staff!

**Ms. Yukie
Mr. Brian**

Want Fresh Eggs?



We need your help to gather the eggs on the weekends.

There is a sign up sheet in the office for families to choose a Saturday or Sunday to come to CMP and collect the eggs.

Please only sign up once in a 2 month period to allow all families the opportunity to gather eggs.

When it is your scheduled day to collect eggs you park at the bottom gate and walk up to the chicken coop - just make sure no chickens hop out while you gather the eggs.

Feel free to talk to Ms. Erin or email lab@carmelmountainpreschool.com to discuss any chicken tips/tricks or to be introduced to our flock.

Happy gathering!

Enter to win a monthly gift basket.

Stop by the front office to guess how many items are in the jar!



January Basket Winners:

Sophie ~ 3a

Hazel ~ 4b

Avery ~ 2a

There were **276 cotton balls** in the jar.

Teacher Winner ~ Mrs. Calee

CONGRATULATIONS!

Parent Committees

We will be putting together Parent Committees for various upcoming events at CMP.

Each committee will be composed of 5-6 parents, ideally one from each age group.

The first two committees we will be a **Teacher Appreciation Committee** and an

Art Show Committee. The Teacher Appreciation Committee will be in charge of finding special ways to appreciate all of our amazing teachers including helping us plan fun and special events for the teachers. The Art Show Committee will help us get ready for our annual Art Show in March.

If you are interested in being a part of one of these Parent Committees please sign up your name in the front office. If we have more than one parent from each age group we will randomly draw a name for each age group from the interested parties.

INSTAGRAM CONTEST



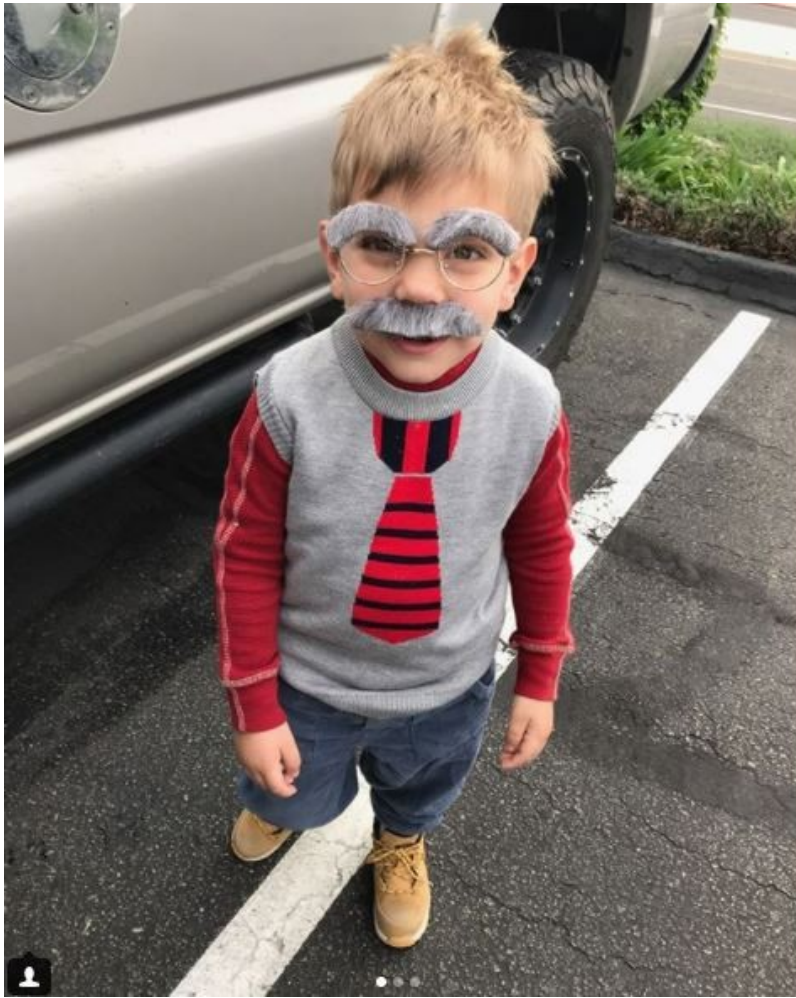
Dear Parents,

Did you know that anytime you share a photo of your CMP moments on [Instagram](#) you have the chance to win a **\$25 gift card**?

When you post photos of your children at CMP, on field trips, attending CMP events, sharing the art work they create, their preschool fashion, or getting ready for school on [Instagram](#), please hashtag **#CMPfun** and **#CMPkids**.

Each time you post a photo showing how much you love our CMP life on Instagram with our hashtags and share on [Facebook](#), you will be instantly entered in the contest. Whichever photo has the most likes on Instagram each month will receive a \$25 gift card and will be featured in our newsletter.

This month we say **CONGRATULATIONS** to Lauren with 93 likes!



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Add





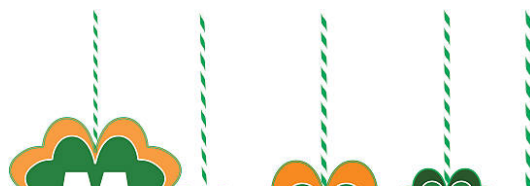
CMP Coffee Bar

Need a quick fill up before you head to work? Stop by our **Organic Coffee & Tea Bar** located outside the kitchen window near the front patio. Organic coffee and tea will be brewed every morning and available from 6:45am-12:30pm. Organic fruit will also be available for a quick on-the-go morning snack along with homemade organic creamer.

Please bring a reusable coffee mug to fill up.

One of Carmel Mountain Preschool's Core Values is "we are organic" and we wanted to carry that into our Coffee Bar. We decided not to use a Keurig due to the amount of excess waste it would create.

Looking Ahead





March 13 Spring Class Pictures (Rooms 1ab, 3ab, 5ab & 12b)

March 14 Spring Class Pictures (Rooms 2a, 2b, 4a & 4b)

March 15 Spring Class Pictures (Rooms 6a, 6b, 6c & 12a)

March 16 Spring Class Pictures (Rooms 7, 8, 9, 10 & 11)

March 20 CMP Art Show in the Glenn 5:00pm-5:30pm (Rooms 4a, 4b, 2a, 6a, 6b, 6c, 7, 8, 9, 10, & 11)

March 20 Family Appreciation Night Hullabaloo Concert & Picnic on Soccer Field 5:30pm-6:30pm

March 21 CMP Art Show in the Glenn 5:00pm-5:30pm (1ab, 2b, 3a, 3b, 5a, 5b, 12a, & 12b)

March 21 Family Appreciation Night Hullabaloo Concert & Picnic on Soccer Field 5:30pm-6:30pm

March 29 Family Yoga on CMP Back Grass 4:00-5:00pm

March 30 National Pencil Day

Check your classroom Parent Board for important dates and event information or our website at [CMP Events](#).



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Our mailing address is:

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