

In this issue:

- Ice Cream Social
- Let's Beat the Heat
- Meet the Staff
- A Few Reminders
- Scholastic Reading
- Apple Fun
- Director Spotlight

Ice Cream Social

Please join us on Wednesday, September 9th or Thursday, September 10th, 6:00-7:00 pm for our annual Ice Cream Social. Come meet your fellow parents and enjoy fresh, organic cut fruit, sorbet and ice cream provided and served by our lovely CMP staff!

Wednesday– classes 4a,4b,6a,6b,6c,7,8,9,10,11

Thursday– classes 1,2a,2b,3a,3b,5a,5b,12a,12b

Let's Beat the Heat!

September can really bring the heat in San Diego. Please be sure to bring a water bottle for your child everyday and remember to take it home nightly to be washed. Our teachers will make sure to bring their class water bottle basket to the playground for the children to stay hydrated. It is important that you remember to bring the water bottle home each night to clean out, to avoid any germs and bacteria.

August Basket

Winners

Savannah - 5A

Ian - 10

Alani - 9

Teacher Winner:

Ms. Liezel 1AB

Sunscreen Reminder

Please remember to apply sunscreen to your child each day, before coming to school. Teachers will reapply before afternoon playground times. Please do not use spray sunscreen in our classrooms, as it ruins the floors.

There were 147 toy

animals in the container.



Our CMP moms and kids!

Director

Donna Taconi

Kindergarten-Prep

Liesel and Juli

Pre-Kindergarten

Tiki 2A, Sara 2B, Christina 3A, Nicole 3B, Shamby 5A, Jacque 5B, Michele 12B

Three-Year-Olds

Marisol 7, Kristina 8, Heather 9, Claudia 10, Melissa & May 11, Triana & Rachel 4B

Two-Year-Olds

Liz & Margaret 6A, Lisa & Ariel 6B, Haley & Ellen 6C

Toddlers

Danielle and Maddi 4A

Before and After School

AnnMarie, Carol, Kelly O.

Art Studio and Science Lab

Julie and Joe

Support Staff

Karen, Ginger, Kelly G, Kelly K, Brittany, Calee

Social Media Specialists

Julie, Calee, Danielle

Resource Manager

Carol Fugleberg

Office Assistants

Gina O., Kendall, Jane

CFO

Arianne Condrick Bettazzi

CEO&Founder

Pauline and Dan Condrick

Follow us on Social Media!



CMP will be closed, Monday, September 7
for Labor Day. Have a wonderful weekend!

Each child at CMP will be celebrated on their birthday with a book and a crown from their teacher. If you wish to enhance the celebration for your child, we ask that you make arrangements with your child's teacher and bring a non-edible treat. For additional information, please speak with your child's teacher. A list of non-edible suggestions can be found on our Pinterest Page under "Nonedible Birthday Favors" board.

A few reminders...

Please be sure to walk your children all the way up to the playground. Be sure to always sign your child in and out each day. Remember to hold your child's hand in the parking lot and never leave children alone in the car. And finally, we ask that you give your child the gift of your full attention when you pick them up from school. Please leave cell phones in the car. Thank you!



Parent Boards and Emails

Please be sure to check your teacher's parent board daily! This board will include a daily parent memo, the sign in/out sheet, a weekly lesson plan, a weekly snack menu, a class schedule, and any class news. Teachers will post any important information for the class on this board.

Each classroom now has an email address and teachers will respond to emails on Mondays and Thursdays during their preparation periods. Please feel free to call the office or email your child's teacher any time! Communication between parents, teachers, and administration is important to CMP. So please contact us with any questions or concerns.

CMP is in need of donations of extra boys and girls underwear, shorts, and socks, sizes 4 & up

Reading is one of the most important lifelong skills for children. Reading to preschoolers helps to develop their literacy and raises their brain activity. It develops their language readiness. Reading is also a great way to spend some quality time with your child. Pediatricians recommend that parents read to their children on a regular basis.

CMP understands the importance of reading to children and the importance of literacy based learning. Our teachers read to their students and create meaningful and authentic learning experiences through the books that they share with the children.

CMP uses and supports the Scholastic Reading Club program. Many of our teachers will send home a scholastic book order each month. When you order books from your child's teacher, you are helping that teacher earn books to build their class library.

Twice a year CMP holds a Scholastic book fair where books will be available for immediate purchase. The book fair helps to purchase books for the school.

When you see the Scholastic Reading Club flyer in your child's art folder, please remember that not only does ordering books benefit your child; it also benefits your child's teacher at CMP!

Click [here](#) to go to Scholastic Reading Club!

ALL ABOUT APPLES

SEPTEMBER IS APPLE PICKING SEASON!

September is here and so is apple picking season! Here are some great books about apples that you may see around CMP:

[The Biggest Apple Ever](#) by Steven Kroll

[Under the Apple Tree](#) by Steve Metzger

[Apples A to Z](#) by Margaret McNamara

[Johnny Appleseed](#) by Jodi Shepherd

[Ten Apples Up On Top](#) by Dr Seuss



Crockpot Applesauce

Looking for a simple applesauce recipe? Here is an easy way to make delicious homemade applesauce!

Peel, core, and chop about 8 apples and place into your crockpot. Add 5 tsp of light brown sugar, 1tsp of lemon juice, and 1 cinnamon stick. Set crockpot on low and cook for about 6-8 hours. Stir occasionally and remove cinnamon stick. Applesauce can be blended or mashed with a masher, depending on how chunky you like it. Applesauce can be refrigerated for up to 3 weeks.

Apple Printing

Playing with your food isn't always a bad thing!

Choose a 3-5 different colors of paint... they don't have to be apple colors.

Slice 2-3 apples in half and stamp the apples into the paint.

Have fun stamping the apple prints onto construction or newspaper!

For more fun, add spices like cinnamon and nutmeg to the paint!

Director Spotlight!

Donna Taconi

Birthday: September 17

Where are you from? Chula Vista

Where did you go to school? SDSU and National University

What did you study? Liberal Studies

When you were a kid, what did you think you would be when you grew up? A Teacher

What is your favorite thing to do in San Diego?
Saturday mornings at dog beach, Coronado

Where would you like to take your next vacation and why?
Fargo or Bakersfield to see my kids!

Do you have any pets? What are they and what are their names?
Murphy, a rescued lab mix and she is 13 years old



If you are interested in doing a video testimonial for CMP, please email arianne@carmelmountainpreschool.com. We will have a videographer at CMP from 9am-7pm on Thursday, September 10 and would love some great parent testimonials. Any parent who does a testimonial will get a raffle ticket to enter into our drawing for 6 months free tuition held on Friday, December 18th. Please see the "Tuition Giveaway" flyer in the front CMP office for full details!