

February 2017 Menu

ALL ingredients used are certified organic.

		<p>1 AM: Warm Zucchini Bread with fruit</p> <p>PM: Pita with fresh tomato and red pepper bruschetta</p>	<p>2 AM: Cottage Cheese with fresh fruit</p> <p>PM: Margarita Pizza with fruit</p>	<p>3 AM: Creamy Blueberry smoothie topped with granola</p> <p>PM: White Cheddar Dip with pretzels and fresh fruit</p>
<p>6 AM: Strawberry Kefir with graham crackers and fruit</p> <p>PM: Garlic and Parmesan Pasta with fruit</p>	<p>7 AM: Cottage Cheese with fresh fruit</p> <p>PM: Asian Carrot Salad with Sesame sticks</p>	<p>8 AM: Orange Date Bread with fruit</p> <p>PM: Celery, cream cheese and raisins</p>	<p>9 AM: Apple Blueberry Smoothie with graham crackers</p> <p>PM: Broccoli Fried Rice</p>	<p>10 AM: Rice Pudding and fruit</p> <p>PM: Spinach dip with Pretzels and fresh fruit</p>
<p>13 AM: Applesauce with graham crackers</p> <p>PM: Cucumber Yogurt Dip with Pita Crisps and fruit</p>	<p>14 AM: Vanilla yogurt with fresh fruit</p> <p>PM: White Bean Hummus with butter crackers and fruit</p>	<p>15 AM: Strawberry Kefir with granola and fresh fruit</p> <p>PM: Veggies with home-made herbed ranch and fruit</p>	<p>16 AM: Cottage Cheese and fresh fruit</p> <p>PM: Veggie Bars</p>	<p>17 AM: Banana Cinnamon Smoothie with crackers</p> <p>PM: SuperMac with flaxseed and spinach</p>
<p>20 AM: Strawberry kefir with graham crackers and fresh fruit</p> <p>PM: Garlic and Parmesan Pasta</p>	<p>21 AM: Chia Pudding with fresh fruit</p> <p>PM: Savory Edamame with sesame sticks and fruit</p>	<p>22 AM: Carrot bread with fresh fruit</p> <p>PM: Pee-Wee Potatoes and fruit</p>	<p>23 AM: Apple Blueberry Smoothie with butter crackers</p> <p>PM: Cheese Quesadillas</p>	<p>24 AM: Cottage Cheese with fresh fruit</p> <p>PM: Broccoli Tots with fruit</p>

<p>27 AM: Creamy Orange Smoothie with crackers</p> <p>PM: Roasted yellow squash cubes with butter crackers</p>	<p>28 AM: Applesauce with Graham Crackers</p> <p>PM: Green Eggs and Ham</p>			
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