

May Menu 2017

*ALL ingredients used are Certified Organic

1 AM: Blueberry Applesauce with Graham Crackers and fruit PM: Garlic and Parmesan Pasta with Fruit	2 AM: Creamy Strawberry Dip with Seeded Crackers and Fruit PM: Savory Edamame with Sesame Sticks and Fruit	3 AM: Strawberry Kefir with Fruit PM: Veggies with Tahini Dip and Fruit	4 AM: Cottage Cheese with Fruit PM: Pasta with Marinara and Fruit	5 AM: Banana Smoothie with Fruit PM: Trail Mix and Fruit
8 AM: Cottage Cheese and Fruit PM: Fiesta Dip with Tortillas and Fruit	9 AM: Rice Cereal with Milk and Fruit PM: Cheese and Crackers with Fruit	10 AM: Strawberry Kefir with Fruit PM: Veggies with Herbed Ranch Dressing and Fruit	11 AM: Applesauce with Graham Crackers with Fruit PM: Animal Crackers and Fruit	12 AM: Cottage Cheese with Fruit PM: Buttered Pasta with Fruit
15 AM: Cereal with Milk and Fruit PM: Garlic Edamame with Fruit	16 AM: Creamy Strawberry Dip with Crackers and Fruit PM: Corn and Black Bean Miso Salad with Crackers and Fruit	17 AM: Cottage Cheese and Fruit PM: Veggies with Tahini Dressing and Crackers	18 AM: Yogurt with Granola and Fruit PM: Turkey Chili and Fruit	19 AM: Banana Smoothie with Fruit PM: Avocado Chocolate Pudding and Fruit
22 AM: Fruit Dip with Crackers and Fresh Fruit PM: Pasta with Marinara and Fruit	23 AM: Strawberry Kiefer and Fruit PM: Carrot Jam with Crackers and Fruit	24 AM: Zucchini Bread and Fruit PM: Garlic Edamame and Fruit	25 AM: Cottage Cheese with Fruit PM: Healthy Mint Chocolate Cheesecake Dip with Graham Crackers & Fruit	26 AM: Blueberry Smoothie with Fruit PM: Garlic and Parmesan Pasta with Fruit
29 AM: Strawberry Kefir with Fruit PM: Veggies with Ranch Dressing and Fruit	30 AM: Cottage Cheese and Fruit PM: Buttered Pasta with Fruit	31 AM: Cinnamon Raisin Bread and Fruit PM: Trail Mix and Fruit		

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29 AM: Strawberry Kefir with Fruit PM: Veggies with Ranch Dressing and Fruit	30 AM: Cottage Cheese and Fruit PM: Buttered Pasta with Fruit	31 AM: Cinnamon Raisin Bread and Fruit PM: Trail Mix		

