

Birthday Book Club!

Look for a book in your child's folder the week of their birthday



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Mountain Preschool

Carmel Mountain Preschool's mission is to provide a loving, supportive, educational environment where children participate in programs that promote individual growth, and a lifelong love of learning.

NEWSLETTER

JUNE 2013

June Tuition

Before paying tuition for the month of June, please stop by the office to check your balance. If you have a vacation credit, have a schedule change or are withdrawing for the summer your balance may have changed. Please remember if you are withdrawing from CMP you must complete a withdrawal form 2 weeks prior to your withdrawal date. As always if you have any questions give us a call or send us an email!

Splash Days

Each class will have a splash day once a week on rotating days throughout the summer. Every child will need to bring a swimsuit, beach towel, and water shoes all labeled with his/her name.

Please apply sunscreen before your child arrives to school; we will reapply for the afternoon outside time. A schedule of splash days will go out the first day of summer session.

***Happy Father's Day
to all our great CMP
Dads!***



Summer Fun 2013

Summer Fun Program begins Monday, June 17th. Summer rosters have been completed and are posted on your child's parent board. Please check to ensure your child's schedule is correct. If you find a discrepancy please stop by the office, call or send us an email so we can make the necessary changes. A "Summer Fun" schedule will be sent home on June 17 along with a "Splash Day Schedule". We look forward to a summer full of fun and festivities!

Sunscreen

Please apply sunscreen daily, before your child arrives at school. Be sure to keep a labeled bottle in their classroom, with a signed permission slip for the teacher to apply it.

Dates to Remember

- June 12 Field Day: Rooms 7, 8, 9, 10 & 11
- June 13 Kindergarten Graduation - 2:00pm
- June 14 Field Day: Rooms K, B/A, 2AB, 3AB, 5AB, 4B&12B
- June 17 Summer Fun Begins
- July 4 CMP Closed for Independence Day!
- August 16 Fall Open House 4:00 to 6:00pm - CMP closed during the day. First day of school August 19th.

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Building the Foundation for Lifelong Literacy Success



Father's Day Basket Drawing

Father's Day Drawing located in the lobby, guess the number of puzzle pieces!

Congratulations to the lucky winners of the May Mother's Day gift basket!

NEWSLETTER
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CMP PARKING LOT
 Please be sure to observe the STOP signs located in the CMP parking lots! We have had several near misses—we appreciate your attention to detail!

2013 CMP T-Shirts
 The new 2013 shirts are available for purchase in the office. Your child will need a CMP T-Shirt to wear for summer field trips. You may pay the \$10 cash or check at the time of purchase, or we will charge the amount to your account!

CMP Offers Before and After School Care

CMP offers a wonderful before and after school program. We have a low student-to-teacher ratio and great homework help. We also have a fun summer camp for all school age students and siblings. There are many fun field trips, and CMP also offers care on days when public school is closed. We practice and reinforce core values: respect, caring, truth, sharing, giving and creativity. Stop by the office for additional information!

CMP Staff Summer Vacations

Many teachers will take time off during the summer months. Your child's teacher will be sure to let you know when she will be away and who will substitute in her absence. (The substitute teacher will always be a CMP staff member.)

Connect With CMP Online

Carmel Mountain Preschool now offers three new ways for you to get in touch with us online. You can now receive the latest news and update from the school on the following channels:

- Facebook: <http://www.facebook.com/CMPSanDiego>
- Twitter: <https://twitter.com/CarmelMtnPresch>
- Pinterest: <http://pinterest.com/carmelmps/>

Stay in touch with us by clicking "like" on our Facebook page, following us on Twitter or interacting with our boards on Pinterest!

Thank you for a wonderful school year and for the opportunity to work with your children.

Screen Time in the Early Years

"Many kids use and understand media devices and platforms better than we do. But their technological abilities are often ahead of their emotional maturity and judgment," advises James Steyer, founder of Common Sense Media, in *Work & Family Life* (September 2012; workandfamilylife.com). Steyer shares research results the impact of screen time on preschool children:

- *A landmark study at the University of Washington showed that for every hour per day that preschool boys spent watching violent TV shows, they had three times the risk of developing behavioral problems at age 7. This was true even when they were watching cartoon on commercial channels, which often have more violence than adult shows.
- *For each hour of TV young kids watch, they have a 10% higher chance of attention problems at age 7, including restlessness, trouble concentrating, and impulsive behavior.
- *Visual images may over stimulate and rewire preschoolers' developing brains. Learning to read and write takes time and patience. Kids who are used to the fast pace and instant gratification of screen media may easily get bored.
- *More than two hours daily of screen time also increases the odds that kids will be overweight. They are exposed to a barrage of ads for high-caloric, sugary foods—and when they are sitting in front of a screen, they are not running, jumping, and moving around.

Discover the Benefits of CMP's Private Kindergarten Program 2013–2014

- *High Academic Standards
- *Small Student Teacher Ratio (1:20)
- *Exposure to Fine Arts & Foreign Language
- *Emphasis on Core Values
- *Discipline & Safety
- *Dedicated, Caring Staff - California Credential

We have a few spots available for our fall program. For additional information stop by the office - we will be happy to introduce you to Mrs. Jullierat !